



Spring 2023
Volume 13 Number 1

What's TAPANing

The Official Newsletter of the West Texas and Panhandle Region

Happy Spring wesTpan Members!

Spring is already upon us! Peri Anesthesia Nurses Week (PANAW) was at the beginning of February and I hope every one of you were able to celebrate with your fellow Peri-Anesthesia nurses!

Everyone deserves their time in the spotlight for the great work they do! If you, or someone you know, would like to be mentioned in the Spotlight, please send us a picture and a short bio, and we will include it in the next newsletter.

We continue to look for additional liaisons from other parts of our region, so if you are interested, please contact us. Liaisons are needed for every area in the wesTpan region. We would love to have suggestions and any help from you that you are willing to give.

If you are interested in organizing an event with the other PeriAnesthesia nurses in your area to benefit your community or organization, but are not sure what to do, please let us know. Any ideas for activities or educational opportunities can be emailed to admin@tapan-westtexas-panhandle.com. We will help you with ideas or answer any questions you may have.

Please keep in mind that the ASPAN National Conference will be held in person this year. It will take place in Denver, Colorado from April 28th – May 1st. There are fun pre-conference and post-conference activities also! I hope you can attend! Please go to the ASPAN website at <http://www.aspan.org>, the TAPAN website at <https://www.tapan.org>, and the wesTpan website at <http://tapan-westtexas-panhandle.com> for information about our organization. You can also get ideas about ways to get more engaged and involved. Any time you can give will be greatly appreciated!

Thank you for all you do every day for your family, friends, coworkers and communities! I hope you and your loved ones stay healthy and safe. Sincerely,

Trina Mora, MSN, RN, CAPA, CPAN

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Join the

[wesTpan Region](#)

group on Facebook!

Pictures, comments,
events are posted regularly!



Until May 1, 2023, ASPAN is offering members the opportunity to receive a free print copy of the 2023-2024 Standards (worth \$100) and give their managers a free one-year membership to ASPAN. Everyone wins! Here's how you can do so:

1. Print a Manager Membership Application Form by visiting www.aspan.org/Members/Member-get-a-Manager-Campaign
2. Write your name on the line that reads "Staff Nurse" (near middle of form).
3. Encourage your manager to take advantage of the free membership by completing the form and mailing it to ASPAN.

When ASPAN receives the completed membership form, your manager's membership will start promptly, and ASPAN will mail you your **free print copy of the 2023-2024 Standards**.

Details

Free membership available to new members only. The new applicant must be a nurse and manage a staff in a perianesthesia or perioperative setting. Offer is non-transferable and not available online. The recruiting **member** will receive a print copy of the 2023-2024 Standards, maximum of one per recruiter. Recruiters also receive credit for participation in ASPAN's Member-Get-A-Member campaign. Maximum one recruiter per manager.

(image and text from <https://www.aspan.org/Members/Member-Get-A-Manager-Campaign> accessed 3/1/2023)



Blooming flowers at the Dallas Arboretum

Picture courtesy Kat Tollett

2022 TAPAN State Conference



Welcome Table including the 2021 Gold Leaf award on display for all attendees to see.



Recognition and awards being given by Felicia Selman. Ronald Malit, Lynette Alcorn, Candace Miller, and Barbara Robinson are pictured here. A lovely meal was served during the presentation.



State conference pictures courtesy Trina Mora

2022 ASPAN PDI



November 2022 Professional Development Institute is held every fall for members to learn more about leadership roles and resources. In 2022, it was held in Kansas City.



One of the speakers was Connie Hardy Tabet, the 2022-23 ASPAN



ASPAN PDI pictures courtesy Trina Mora

Scholarship Opportunities!!

Check *THIS* out!! There are many scholarship opportunities available to you as an ASPAN member! Don't miss out! Start planning now to submit your information for these important member benefits.



ASPAN Scholarship/Award Program includes money for BSN, MSN, and PhD tuition, ASPAN National Conference, CPAN or CAPA Certification, Humanitarian Missions, and even the Nurse in Washington Internship. Applications and information will be available at ASPAN.org. Research grants are also available for many types of research projects. This is free money for you to use as a member of ASPAN.

There are also opportunities through the state level. The Texas component membership provides scholarships for advanced degree education and continuing education, grants for Medical Mission trips, and research. Information for these awards can be found at TAPAN.org. Part of the dues you pay every year for membership goes toward providing money to help nurses like you learn and teach from home, at school, and abroad.

The region can help as well. West Texas and Panhandle region offers scholarships as well. The information and application is available at our website. Please email admin@tapan-westtexas-panhandle.com with any questions about any of the opportunities listed above.

Last ,but not least, ABPANC offers scholarships for those of you preparing for certification as CPAN and /or CAPA. Visit their website for requirement and application information. What have you got to lose? There is plenty of financial help out there for you, take advantage of it.



Visit all the websites to gain valuable information about education, scholarships, membership, benefits, and on and on. This is your organization! You belong to a great group of professionals with tons of resources at your fingertips!



Lubbock:



Allison Lopez, Gina Davis, and Shelby Weimers-Davis with their box of donations in Fall of 2022. They collected coats, socks, clothing, shoes, and blankets!



This is Pastor Vernon Rose from The Greater St James Baptist Church accepting the donations from Gina Davis.

Top picture courtesy Gina Davis.
Bottom picture is courtesy of Shelby-Weimers-Davis.

wesTpan Region Officers

President

Trina Mora MSN, RN,
CAPA, CPAN
Midland, TX

Vice President

Jessica Herrera BSN,
RN, CAPA, CPAN
Midland, TX

Treasurer

Jessica Herrera BSN,
RN, CAPA, CPAN
Midland, TX

Secretary

Kat Tollett BSN, RN,
CNOR, CPAN, CST
Abilene, TX

Webmaster

Kat Tollett BSN, RN,
CNOR, CPAN, CST

Any officers can be contacted
at:

admin@tapan-westtexas-panhandle.com



Abilene:



OR staff at Hendrick Health smiling beside the pile of donations. Left to right are: Sandra Mirelez, David Breidenbach, Sabra Preston, and Carley Coots



Jose Carillo, Carolyn Rogers, Tavia Fairman showing the coats and blankets gathered for Mission Thanksgiving in Abilene

Pictures courtesy Kat Tollett

Editor's Note:

What's TAPANing is the official Newsletter of West Texas-Panhandle Region.

Contributions to *What's TAPANing* are encouraged. All articles and comments relevant to Perianesthesia care must be double spaced and typed. The author is responsible for providing appropriate references for accuracy and reliability of information.

Submission Deadlines:

January 15th for the annual newsletter

Photos are property of the editor unless otherwise noted. Send comments, suggestions, and/or submissions (including individual achievements!) to admin@tapan-westtexas-panhandle.com

*****Share the news from your area! Send your top sTar-bits to be included in ***
What's TAPANing to admin@tapan-westtexas-panhandle.com**

Save the date!

24/7/365

Willingness to Serve

TAPAN and wesTpan websites are *always* ready

To take Willingness to Serve forms!

Show how much you care for your patients and your profession

By filling out a form found on the websites under the “forms” tab

January 1st- April 30th, 2023

ABPANC Spring Exam Registration Open

Check out the website at: www.cpancapa.org

March 15th- May 15th, 2023

ABPANC Spring Exam Window

Visit www.cpancapa.org for updates

Good luck to those of you testing!!

March 26th, 2023

wesTpan Member Meeting

5 pm on Zoom. Watch your email for zoom details

April 28th – May 1st, 2023

ASPAN 42st National Conference

Heart and Science of Caring

Denver, Colorado. Early Bird pricing until March 31st

See website for updates

Visit www.ASPAN.org

January 15th, 2023

2024 Newsletter submission deadline

Submit events, pictures, congratulations, and even jokes

to admin@tapan-westtexas-panhandle.com

Anytime, Anyday

Visit ASPAN.org to see a list

Of webinars and on-demand modules available anytime



**West Texas and
Panhandle
Region of TAPAN**

P.O. Box 1982
Midland, TX 79702
admin@tapan-westtexas-
panhandle.com

General Membership Meeting

WestTpan Region Members!

**Time for a Zoom Meeting
Sunday March 26th, 2023
At 5 pm central time**

Please join us for a general meeting!

Your input is needed! Your hopes, needs, concerns, ideas for the future of the region are important and need to be shared.

Simply check your email for Zoom meeting details prior to meeting time to sign in.

An agenda will be emailed a few days before the meeting as a reminder. There will also be a facebook group reminder posted as well.

Your time is appreciated; the meeting is expected to last less than 1 hour.



ASPN

American Society of PeriAnesthesia Nurses

ASPN'S 42ND NATIONAL CONFERENCE

HEART *and* SCIENCE *of* CARING

COLLABORATION.
ADVOCACY.

PURPOSE.
EXCELLENCE.

APRIL 28 – MAY 1, 2023

GAYLORD ROCKIES RESORT
AND CONVENTION CENTER
DENVER, COLORADO

AMERICAN SOCIETY OF PERIANESTHESIA NURSES

Representing the interests of the nation's 60,000 registered nurses practicing in preanesthesia and postanesthesia care, ambulatory surgery, and pain management