



Winter 2018
Volume 8 Number 4

What's TAPANing

The Official Newsletter of the West Texas and Panhandle Region

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Join the
WesTpan Region
group on Facebook!
Pictures, comments,
events are posted regularly!

Happy Holidays wesTpan members!

It's hard to believe the year is almost over and Christmas is right around the corner! I would like to announce a structure change in the regions of TAPAN, if you have not already heard. TAPAN will now have four regions, instead of five. The Far West Texas Region has been combined with the West Texas and Panhandle Region (wesTpan). I would like to welcome the members of the Far West Texas Region to wesTpan! We are all now in the West Texas and Panhandle Region. We are very happy to have you all join our group!

The Fall season sure was busy for our organization. ASPAN held its annual Component Development Institute in St. Louis, Missouri in September. A week later, the annual TAPAN State Conference was held in Sugarland. Jessica Herrera, wesTpan Vice President, and I were fortunate enough to be able to attend both conferences. We learned a lot and were able to connect with members of both TAPAN and ASPAN. I would recommend attending one, or both, of the conferences next year, if possible.

For the holiday season, we have been busy giving back to our communities. The Midland group joined with the group from Abilene and held a donation drive for coats and blankets for the less fortunate people in our communities. We were able to gather quite a lot of coats and blankets that are sure to keep many people warm in the cold months ahead. We are currently having another donation drive in Midland. It is for one of the animal shelters here in Midland. We are calling it our 2nd Annual PAWS for Celebration. Midland Memorial Hospital is having an Employees'

Children's Christmas Party that some of us will be volunteering at as well. In your community, is there a way you can organize something with the other PeriAnesthesia nurses to benefit your community? If you would like to get something started, but are not sure what to do, please let us know. We will help you with ideas or answer any questions you may have.

Again, if you have any ideas for activities or educational opportunities, please let us know. If you are interested in becoming more engaged in our regional activities, please contact us. We would love to have suggestions and

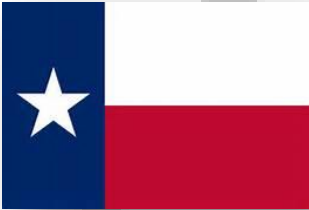
any help from you that you can give. Also, if you have any articles you would like to write for the newsletter regarding perianesthesia nursing, please feel free to do so.

Please go to the ASPAN website at <http://www.aspan.org>, the TAPAN website at <https://www.tapan.org>, and the westpan website at <http://tapan-westtexas-panhandle.com> for information about our organization. You can also get ideas about ways to get more engaged and involved. Any time you can give will be greatly appreciated!

Thank you for all you do!! Make sure to spend some time with family and friends this holiday season. Merry Christmas and Happy New Year!!

Sincerely,

Trina Mora, MSN, RN, CAPA, CPAN



Save the date...2019!

January 1st- March 15th

ABPANC Exam Registration Open

Check out the website. Be sure to review new rules for testing and recertification. ABPANC has made changes that took effect in July 2018.

February 15th

Spring 2019 Newsletter submission deadline

Submit events, pictures, congratulations, and even jokes to admin@tapan-westtexas-panhandle.com

March 15th- May 15th

CAPA CPAN exam dates

Good luck to those of you who are testing!

For more information, visit the ABPANC website at: <http://cpancapa.org/>

\$\$ wesTpan Financial Report \$\$

Report as of December 2nd, 2018

INCOME (including dues, fundraising, donations, etc): \$173.62

EXPENSES (reimbursements, meeting expenses): \$ 0

BALANCE: \$1525.46

**Pictures from TAPAN 42nd Annual State Conference
“Advocating Championship Through Excellence in Practice”**



Trina Mora MSN, RN, CAPA, CPAN and Jessica Herrera BSN, RN representing the wesTpan region. The state conference is an opportunity to share with those from inside and outside of our region.

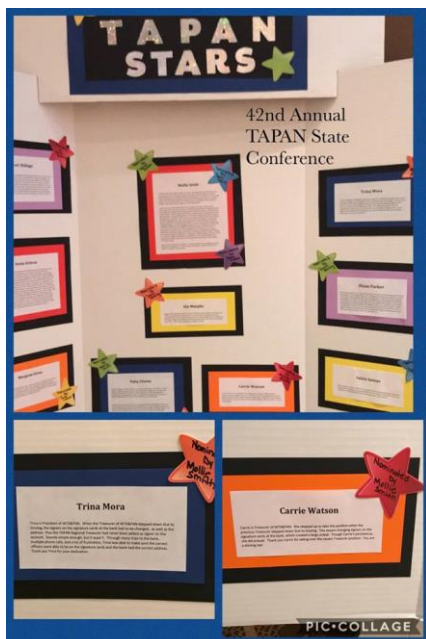
Sugar Land Marriott Town Square was host to 2018’s conference.

Here are the awards committee members. From left:

Thelma Duremdes from UGC Region, Barbara Robinson from N and E Region, Lori Rabago from Hill Country and South Texas Region, Trina Mora from wesTpan Region and Patty Charles from UGC Region.



Pictures from TAPAN 42nd Annual State Conference



Carrie Watson and Trina Mora received TAPAN Stars this year! It is an honor to be nominated. It means that someone recognizes the hard work you have done for your region and state through the association.

As the nomination form states it: “The TAPAN Star Award is presented...to members who best exemplify the Mission of TAPAN through their contributions and service to professional perianesthesia nursing during the preceding year.”

Congratulations!!!



Nice weather in September for the conference in Sugarland.
It came in handy to make good use of the fire alarm
forcing conference attendees to evacuate the building for a short time.
Looking forward to next year's conference!

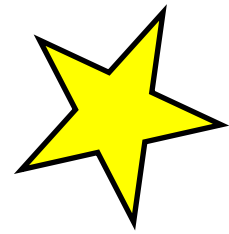
Pictures from the Component Development Institute



Learning what all of us can do when we work together at Component Development Institute in St. Louis. In the picture left to right; Past President of Hill Country and South Texas Region Sarah Hessling, TAPAN President Deborah Davis, Eyeopener Editor and webmaster Susan Norris, TAPAN Vice President/President Elect Felicia Selman, Westpan President Trina Mora, and Westpan Vice President Jessica Herrera.

In the picture from left to right; TAPAN Vice President Felicia Selman, TAPAN President Deborah Davis, Westpan President Trina Mora, Westpan Vice President Jessica Herrera and ASPAN President Regina Hoefner-Notz.





Midland Memorial Hospital:

Staff in Midland gathered coats and blankets to be donated in Abilene.

Kim Woodard, Karin LeBlanc, Phyllis Hawkins, Jessica Herrera showing off their beautifully wrapped and wonderfully full box of donations.



Picture courtesy Maria Torres



Sherri Ward, Surgical Aide, holds up one of coats collected for donation.

Picture courtesy of Jessica Herrera



PAWS to Celebrate at Midland Memorial

Laura Newbrough RN
 Jessica Herrera BSN RN,
 Karin Leblanc RN display
 The items collected for the
 Paws to Celebrate pet supplies
 Donation

Picture courtesy Lucas Hererra

Jessica Herrera bringing
 the box of goodies to
 the adoption center
 manager, Alyssa
 Renteria. Thanks to
 everyone who donated!



Picture courtesy Lucas
 Hererra

Hendrick Medical Center (Abilene):

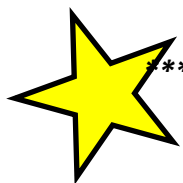


Jessica Herrera brought coat and blanket donations to Kat Tollett. The bright red box was on its way to Abilene.

Picture courtesy W. Tollett

Thank you to all who donated! This is the large amount of blankets and coats made to Mission Thanksgiving in Abilene.

Picture courtesy K.Tollett



*****Share the news from your area! Send your top sTar-bits to be included in ***
What's TAPANing to admin@tapan-westtexas-panhandle.com**

Pacheco Family Fundraiser in Midland

The community came together to support one of our Peri-Operative Nurses, Ana Pacheco BSN,RN SANE has stage 4 lung cancer and recently learned that her oldest son has testicular cancer. Carrie and I volunteered our time at the fundraiser. Carrie was working in the silent raffle and I was working in the kitchen making plates. Over \$14 thousand was raised to help cover expenses.



This picture shows the group of people who came together to make the fundraiser happen. Several people ranging from



nurses, aides, surgical techs, EMS, firefighters, radiology, office staff and her friends helped show support for the Pacheco family.

A large group of people came out to show their support and encouragement for the entire family. The community will continue to assist them during this time in their lives.



Group picture courtesy Joey Herrera. The bottom picture was taken and shared by an unknown volunteer.

The John and Ana Pacheco picture courtesy Jessica Herrera.

wesTpan Region Officers

President

Trina Mora MSN, RN,
CAPA, CPAN
Midland, TX

Vice President

Jessica Herrera BSN, RN
Midland, TX

Treasurer

Carrie Watson BSN, RN
CAPA, CPAN
Midland, TX

Secretary

Kat Tollett BSN, RN,
CPAN, CST
Abilene, TX

Immediate Past President

Sarah Salcido BSN, RN
Midland, TX

Webmaster

Kat Tollett BSN, RN,
CPAN, CST

Any officers can be contacted at:

admin@tapan-westtexas-panhandle.com



Happy Holidays!

Editor's Note:

What's TAPANing is the official Newsletter of West Texas-Panhandle Region.

Contributions to *What's TAPANing* are encouraged. All articles and comments relevant to Perianesthesia care must be double spaced and typed. The author is responsible for providing appropriate references for accuracy and reliability of information.

Submission Deadlines:

Feb 15th - Spring newsletter
May 15th - Summer newsletter
August 15th - Fall Newsletter
November 15th - Winter newsletter

Photos are property of the editor unless otherwise noted. Send comments, suggestions, and/or submissions (including individual achievements!) to admin@tapan-westtexas-panhandle.com