



Summer 2022
Volume 12 Number 2

What's TAPANing

The Official Newsletter of the West Texas and Panhandle Region

Hello wesTpan members!

The Annual ASPAN conference was a success this year! It was held in April in Philadelphia, Pennsylvania. I am hoping some of you were able to attend. It was very informative and had a lot of great speakers!

Again, if you are interested in organizing an event with the other PeriAnesthesia nurses in your area to benefit your community or organization, please let us know. If you would like to get something started, but are not sure what to do, we will help you with ideas or answer any questions you may have. Also, if you have an article you would like to write for the newsletter regarding PeriAnesthesia nursing, please feel free to do so.

Do you have any ideas for activities or educational opportunities? If so, please let us know. If you are interested in becoming more engaged in our regional activities, please contact us at admin@tapan-westtexas-panhandle.com. Liaisons are needed for every area in our region. We would love to have suggestions and any help from you that you can give.

Please read the Member Spotlight in this newsletter. You may know this member, and if not, you will learn something about her. We have a lot of great members in our region, so if you, or someone you know, would like to be mentioned in the Spotlight, please send us a picture and a short bio, and we will get it in the next newsletter. If there is more than one entry, we will publish the first one we receive and include the next one in the next newsletter. Everyone deserves their time in the spotlight for the great work they do!

Please go to the ASPAN website at <http://www.aspan.org>, the TAPAN website at <https://www.tapan.org>, and the wesTpan website at <http://tapan-westtexas-panhandle.com> for information about our organization. You can also get ideas about ways to get more engaged and involved. Any time you can give will be greatly appreciated!

Thank you for all you do every day for your family, friends, coworkers and communities! Have a wonderful and safe summer!

Sincerely,

Trina Mora, MSN, RN, CAPA, CPAN

What's inside this issue

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Join the

[wesTpan Region](#)

group on Facebook!

Pictures, comments,
events are posted regularly!

Member



Member CAMPAIGN

January 1 – December 31, 2022

Invite your colleagues to join ASPAN today! To thank you for your recruitment work, a variety of awards are available for members who participate.

You can obtain promotional materials and membership applications by contacting ASPAN's National Office toll free at 877-737-9696 or emailing: dhanisch@aspan.org. Request as many copies as you like, and be sure to place your name as the recruiting member on each application you distribute.

Go to <https://www.aspan.org/members/Member-Get-A-Member-Campaign> to get information and claim your rewards!!

Campaign Awards

- Five names (one from each Region) are randomly drawn each quarter. Winners receive an award of their choice from **Tier One**.
- **Recruit 4-9 new ASPAN members in 2022** and receive an award of your choice from **Tier One**.
- **Recruit 10 or more new ASPAN members in 2022**, and receive an award of your choice from **Tier Two**.
- **The Recruiter of the Year, the individual who recruits the most members during 2022** will win one free year of ASPAN membership (*non-transferable*), one free 5-day registration to the 2023 ASPAN National Conference (*non-transferable*), and a commemorative plaque.

(image and text direct from <https://www.aspan.org/Members/Member-Get-A-Member-Campaign> accessed 3/13/2022)

2022 41st National Conference in Philadelphia, PA April 7th-10th, 2022

Photos provided by editor unless otherwise noted.



Scavenger Hunt to start off the conference
ASPAN members from different regions coming together.



Opening Ceremonies with speaker, Jennifer Kilgore, BSN, RN, CPAN, ASPAN President 2021-2022.



2021 Gold Leaf Award goes toTAPAN !!!
Accepting the award Sarah Hessling.



At the conference for WesTpan are President Trina Mora & VP Jessica Herrera.



Center of Philadelphia, PA the Swann Memorial Fountain



Love Park as you look down the Benjamin Franklin Parkway to the Museum of Art.



Rocky Statue with the Museum of Art in the back.



The Liberty Bell.



TAPAN attendees at the 41st National Conference,
with the Gold Leaf Award.

Picture by Denise Ziak from Region 1, Independence, OR.

2022 41st National Conference
A Virtual Experience, by Gina Davis

Acting Fast When the Diagnosis is Local Anesthetic Systemic Toxicity
Speaker Dolly Ireland MSN, RN, CAPA, CPN, FASPAN

I really enjoyed this session! It's something I've read about in a previous course on ASPAN Learn and now I feel like I'm more prepared. The resources provided and the knowledge to ask the correct questions will be implemented in my practice. I was not aware of the importance of 20% lipid infusions in these cases and it has prompted me to know where we keep this infusion. I plan to put together a short Inservice to make others aware of what to do in this event at our next safety meeting.

Awesome resources:

lipidrescue.org

Gina Davis BSN, RN III
Grace Surgical Services
Day Surgery

Scholarship Opportunities!!

Check *THIS* out!! There are many scholarship opportunities available to you as an ASPAN member! Don't miss out! Start planning now to submit your information for these important member benefits.



ASPAN Scholarship/Award Program includes money for BSN, MSN, and PhD tuition, ASPAN National Conference, CPAN or CAPA Certification, Humanitarian Missions, and even the Nurse in Washington Internship. Applications and information will be available at ASPAN.org this coming February. Research grants are also available for many types of research projects. This is free money for you to use as a member of ASPAN.

There are also opportunities through the state level. The Texas component membership provides scholarships for advanced degree education and continuing education, grants for Medical Mission trips, and research. Information for these awards can be found at TAPAN.org. Part of the dues you pay every year for membership goes toward providing money to help nurses like you learn and teach from home, at school, and abroad.

The region can help as well. West Texas and Panhandle region offers scholarships as well. The information and application is available at our website. Please email admin@tapan-westtexas-panhandle.com with any questions about any of the opportunities listed above.

Last ,but not least, ABPANC offers scholarships for those of you looking to get certified as CPAN and /or CAPA. Visit their website for requirement and application information. What have you got to lose? There is plenty of financial help out there for you, take advantage of it.

\$\$ wesTpan Financial Report \$\$
Report as of June 8, 2022

INCOME as of Feb 2022
(including dues, fundraising, donations, etc)
\$ 1835.66

EXPENSES as of April 2022
(reimbursements, meeting expenses)
\$ 952.63

BALANCE: \$5,163.90

wesTpan Region Officers

President

Trina Mora MSN, RN,
CAPA, CPAN
Midland, TX

Vice President

Jessica Herrera BSN,
RN,CAPA, CPAN
Midland, TX

Treasurer

Carrie Watson MSN, RN
CAPA, CPAN
Midland, TX

Secretary

Kat Tollett BSN, RN,
CNOR, CPAN, CST
Abilene, TX

Webmaster

Kat Tollett BSN, RN,
CNOR, CPAN, CST

Any officers can be contacted
at:

admin@tapan-westtexas-panhandle.com



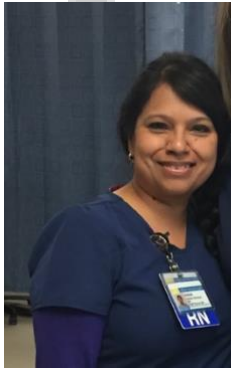


ASpan

American Society of PeriAnesthesia Nurses

Visit all the websites to gain valuable information about education, scholarships, membership, benefits, and on and on. This is your organization! You belong to a great group of professionals with tons of resources at your fingertips!

Member Spotlight



Hi my name is Estela R. Jimenez and I have been a registered nurse since 2008. My inspiration to be a healthcare provider came from another nurse who offered me comfort and encouragement when I needed it the most. Wow! I wanted to do that for others as well.

For me, the most important part of nursing is being there for someone when they need it the most, holding their hand, listening, offering a word of encouragement and giving them the peace of mind that they are in good, caring hands. I received my Associate's degree from Midland College in 2008 and my Bachelor's degree from the University of Texas at Arlington in 2020. I am a single mom of 7 amazing kids, no grandchildren yet but excited and looking forward to that! I love what I do, and I love being a part of my healthcare team at Midland Health and the West Texas Region!

Editor's Note:

What's TAPANing is the official Newsletter of West Texas-Panhandle Region.

Contributions to *What's TAPANing* are encouraged. All articles and comments relevant to Perianesthesia care must be double spaced and typed. The author is responsible for providing appropriate references for accuracy and reliability of information.

Submission Deadlines:

Feb 15th - Spring newsletter
May 15th - Summer newsletter
August 15th - Fall Newsletter
November 15th - Winter newsletter

Photos are property of the editor unless otherwise noted. Send comments, suggestions, and/or submissions (including individual achievements!) to admin@tapan-westtexas-panhandle.com

Save the date!

24/7/365

Willingness to Serve

TAPAN and wesTpan websites are *always* ready

To take Willingness to Serve forms!

Show how much you care for your patients and your profession
By filling out a form found on the websites under the “forms” tab

The next

wesTpan Member Meeting

September 11 @ 17:00

July 1 – September 15, 2022

ABPANC Fall Exam Registration

Check out the website at: www.cpancapa.org Be sure to review the new rules
for testing and recertification.

September 15-November 15, 2022

ABPANC Fall Exam Window

Visit www.cpancapa.org for updates

April 27th-30th, 2023

ASPAN 42st National Conference

Denver, Colorado. See website for updates

Visit www.ASPAN.org

August 15th

Fall 2022 Newsletter submission deadline

Submit events, pictures, congratulations, and even jokes
to admin@tapan-westtexas-panhandle.com

Anytime, Anyday

Visit ASPAN.org to see a list
Of webinars and on-demand modules available anytime

