

Winter 2013

Volume 3,



West Texas Pan Handle Region of the Texas Association of Peri Anesthesia Nurses

President's Message Charon Howell, RN, CAPA

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Winter for Peri anesthesia nurses means Peri Anesthesia Nurse Awareness Week. West Pan-Top Star region celebrated in style with our winter seminar ***Peri Anesthesia Care, Putting Understanding into Practice.***

Over 54 colleagues and students attended the seminar and were treated to a full morning presentation on traumatic brain and spinal cord injury, by Dr. Steven Brown. Dr. Brown filled the entire morning with the use of power point and videos to give us a glimpse of the world of spinal cord surgery, injuries, and anatomy review.

Dr. Brown's presentation was followed by a catered lunch, provided through the generosity of Dr. Seth Ardoin, for which we are most appreciative.

Jeanette Garcia, CRNA followed lunch with her presentation on Management of Emergence Delirium and Airway Emergencies in Peri anesthesia Areas. West Pan is most thankful for the knowledge shared with us through these fine speakers.

As we look forward to the rest of the year the Brownwood Chapter is hard at work preparing for our summer seminar. More information will be forth coming on that as it becomes available.

Due to changes in my personal circumstances I have resigned from my presidential position and Vice President Elect Gayle Stegall has graciously stepped up early to the presidential post. This currently leaves our region in need of a Vice President. Consider if this is a job that might put your particular talents to good use.

Happy travels!

Charon



News to Share from ABPANC



CPAN and CAPA Nurses,

Our new Winter edition of News to Share is available now. It contains time-sensitive information about the upcoming Spring Certification Exam, as well as fast-approaching award deadlines, and a call for your photographs to use in the upcoming **CPAN/CAPA Celebration Luncheon** at ASPAN Conference in Chicago.

Calling all nominations! Time is running short! Submit your nominations for the ABPANC **Advocacy Award** by February 18, 2013. The Advocacy award recognizes a CPAN and/or CAPA perianesthesia nurse who exemplifies leadership as a patient advocate. Go to www.cpancapa.org > News and Events > Awards to read all the requirements and to download the application today!



ASPAN

American Society of PeriAnesthesia Nurses

The Advocacy Award recognizes A CPAN or CAPA nurse who exemplifies leadership

**The deadline to nominate a colleague for ASPAN's
Above and Beyond Service Recognition Awards
is January 8, 2013!**

* * *

Awards are given to individuals in recognition of exemplary service to ASPAN and/or their component.

For complete details, visit

[ASPAN Service Recognition Awards](#)

and nominate an ASPAN colleague today!

*Remember, the nomination deadline is **January 8, 2013.***



Governor Perry Celebrates PANAW



STATE OF TEXAS OFFICE OF THE GOVERNOR

Anesthetics are a blessing to the sick. Without them, many lifesaving procedures would be impossible to perform.

However, as with many medical tools, using anesthetics carries risks and requires the knowledge and supervision of medical professionals. Perianesthesia nurses are an integral part of the health care team, working to minimize risks during the critical time around a surgery.

Perianesthesia nurses perform many important duties, both before and after anesthetics are administered. Before surgery, they screen patients for conditions that may affect their care, explain the upcoming procedures and prepare them for surgery. Post-anesthesia care begins from the time surgery is completed and continues until the patient is stable and ready to leave the Perianesthesia Care Unit.

Each February, the Texas Association of PeriAnesthesia Nurses and others designate a week for an awareness campaign to inform the public about the important work of perianesthesia nurses.

At this time, I encourage all Texans to join me in recognizing the contributions that perianesthesia nurses make to the safety and well-being of Texans.

Therefore, I, Rick Perry, Governor of Texas, do hereby proclaim February 4–10, 2013, to be

Perianesthesia Nurses Week



in Texas, and urge the appropriate recognition whereof.

In official recognition whereof, I hereby affix my signature this the 28th day of January, 2013.

Rick Perry
Governor of Texas

Raising Outcomes with SBAR

Phil D. Howell, RN, MSN

Remember the first time you had to call a physician about a patient who needed something or had a change in condition? It was pretty scary, wasn't it? Maybe you forgot to lookup some labs or didn't get a temp. You couldn't find those ABGs when you had the doctor on the phone. He or she got frustrated and you felt nervous and flustered. All you needed was something to help you organize and collect the data to give the physician a concise and accurate report and communicate the patient's condition. The key word here is communicate.

Sometimes it's just a matter of different communication styles. Physicians have a tendency to be brief and to the point. Nurses have been trained to be detailed and descriptive. The difference in these communication styles can lead to problems such as frustration, errors, misunderstandings, and ultimately, poor patient outcomes. There is, however, a way to bring the two together. It's called SBAR.

SBAR stands for Situation, Background, Assessment, and Recommendation. It was first developed by the military and adapted for healthcare by Kaiser Permanente in Colorado. When calling the healthcare provider, use the following format: Situation: identify the patient and why he was admitted. Background: give a brief and significant medical history, including any tests or treatments done. Assessment: describe the patient's current condition and what you think the problem is. Recommendation: make an informed suggestion as to the plan of care for the patient.

The following format is recommended by Amato-Vealey et al (2008) in the perioperative arena and is very similar, but it also works when handing off the patient to another department. SBAR can be used anytime a communication is a critical factor in patient outcomes.

Situation—What is going on with the patient? Identify yourself and the patient.

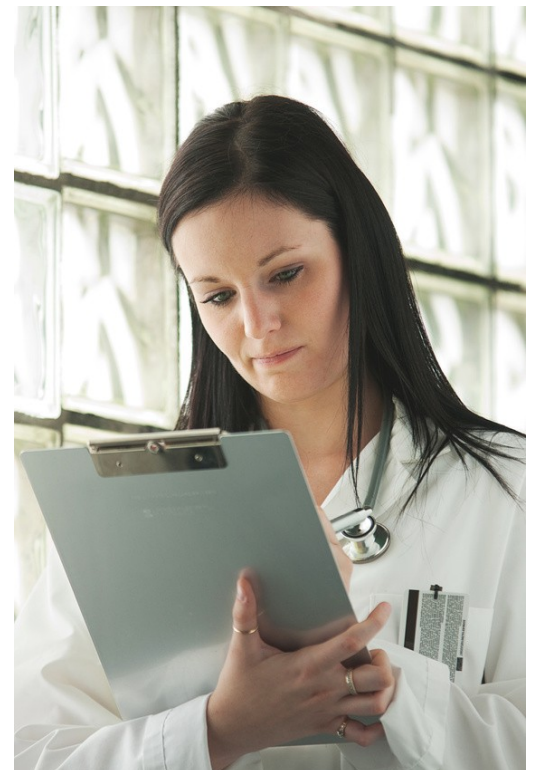
State the problem.

• Background—What is the background on this patient? Review the chart before speaking up if the situation allows the time.

Anticipate questions the other care provider may have.

• Assessment—Provide your observations and evaluations of the patient's current state.

• Recommendation—Make an informed suggestion based on sound information for the continued care of the patient."



Continued on page 5

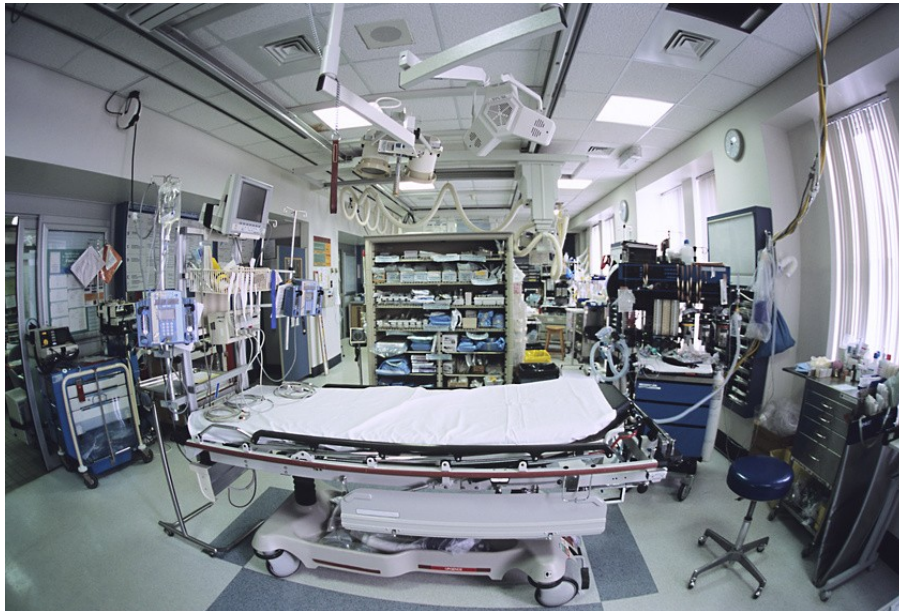
Raising Outcomes with SBAR continued

SBAR has been recommended by the American Society for Perianesthesia Nurses as a standardized communication method for safe practice (ASPAN, 2013). The tool is listed under the site's "Safety in Practice".

SBAR can also be used to give an orderly and organized end of shift report but should be more detailed. This does not replace the bedside report that should occur in the patient's room, but it can be written down ahead of time and handed to the oncoming nurse.

SBAR takes some practice to use it effectively but it takes some of the anxiety out of calling your physician at all hours of the day or night. We use the tool in my nursing school from the first semester to graduation to get the students used to it. They find that many hospitals use the SBAR and feel relieved that they already know how to use it. With a little practice, so will you.

You can download SBAR tools at the Institute for Healthcare Improvement Web site, <http://www.ihc.org>.



References:

Amato-Vealey, E., Barba, M., & Vealey, R. (2008). Hand-off communication: a requisite for perioperative patient safety. *AORN Journal*, 88(5), 763-774. doi:<http://dx.doi.org.ezproxy.ttuhs.edu/10.1016/j.aorn.2008.07.022>

American Society for Perianesthesia Nurses. Safety in Practice: SBAR Reporting. <http://www.aspan.org/ClinicalPractice/SafetyinPractice/SBARReporting/tabid/3955/Default.aspx>

Institute for Healthcare Improvement SBAR Toolkit. <http://www.ihc.org/Pages/default.aspx>. accessed February 22, 2013

A Gift of Giving

Ellen Abaquin RN, BSN, CAPA

This holiday season is a special time to remember and appreciate our families, friends, and anyone who, in one way or another, touched our lives through 2012. It is a time to reflect on multitude of blessings as well as, challenges that hopefully made us stronger through the year.



Ellen and Vicky boxing up collected donations for Mission Thanksgiving.



The season also offers opportunities to enjoy a unique joy - that of giving and serving. Every year, TAPAN-westpan region members collect canned goods, used clothing and beddings and donate them to “Mission Thanksgiving”. The event is held annually by Love and Care Ministries of Abilene to help the less fortunate, homeless, or poor. This year, many boxes of donations were collected and delivered. My heartfelt thanks to everyone who graciously participated. May you all feel the joy of helping and giving.

TAPAN State Conference 2013



The Texas Association of PeriAnesthesia Nurses, as a component of the American Society of PeriAnesthesia Nurses, advances nursing practice through education, research, and standards. The TAPAN State Conference is held annually and offers Continuing Education (CE's). Next year, TAPAN will hold its 37th Conference in Grapevine, Texas October 11 – 13, 2013.

As a member of ASPAN you'll receive The Journal of PeriAnesthesia Nursing bi-monthly. ASPAN's Newsletter the "Breathline" is available online at www.aspan.org. For more information on membership benefits visit the ASPAN website.

Thank you for supporting Texas Association of PeriAnesthesia Nurses. We value your membership. If we can be of help in any way, please feel free to contact any of the officers found on the TAPAN web site www.tapan.org. Visit the website often for current information and access to TAPAN's Newsletter the "Eyeopener" - Published quarterly.

Thank you,

Debra L. Bennett, RN

*Debra L. Bennett, BSN, RN, CAPA
TAPAN Treasurer*

There are two things to aim at in life;
first to get what you want, and after
that to enjoy it. Only the wisest of
mankind has achieved the second.

Logan Pearsall Smith

Editor's Note: *What's TAPANing* is the official Newsletter of West Texas—Panhandle Region.

Contributions to *What's TAPANing* are encouraged. All articles and comments relevant to Perianesthesia care must be double spaced and typed. The author is responsible for providing appropriate references for accuracy and reliability of information.

Submission Deadlines:

Feb 15—Spring newsletter

May 15—Summer newsletter

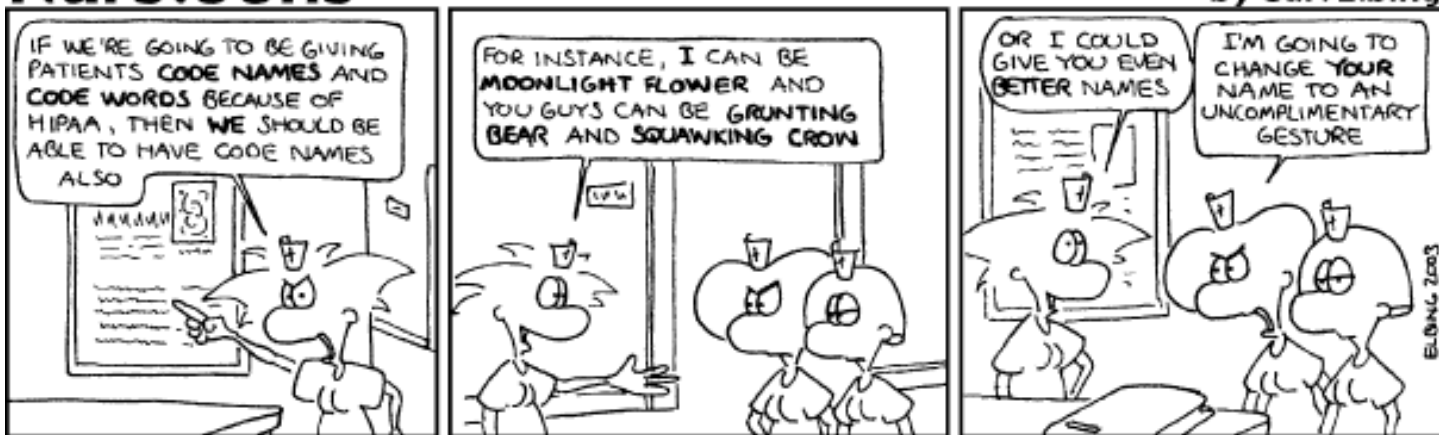
August 15—Fall newsletter

November 15—Winter newsletter

Send comments, suggestions and/or submissions to: Charon Howell, 602 Cardinal Ln., Abilene, Texas 79602

Nurstoons

by Carl Elbing



www.nurstoons.com



Find us on the web

<http://tapan-westtexas-panhandle.com>

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Make A Note, Save the Date!

ASPAN'S 32ND National Conference *Towering Opportunities Endless Possibilities*, Hilton Chicago, April 14 – 18 Chicago, Illinois

Early Bird Deadline for registration for ASPAN National Conference March 13

Registration for Spring CAPA/CPAN exam's open's January 14, and closes March 11

CAPA/CPAN exams April 8 to May 18

Eyeopener deadline May 15