



Spring 2022
Volume 12 Number 1

What's TAPANing

The Official Newsletter of the West Texas and Panhandle Region

Happy Spring wesTpan Members!

Spring is already upon us! I hope everyone had a wonderful holiday season with family and friends!

Liaisons are needed for every area in the wesTpan region, so if you are interested, please contact us. We would love to have suggestions and any help from you that you can give.

Everyone deserves a place in the spotlight at some time in their career. If you, or someone you know, would like to be mentioned in the Member Spotlight, please send us a picture and a short bio so it can be included in the next newsletter. Everyone should be recognized for the great work they do!

Are you interested in organizing an event with the other PeriAnesthesia nurses in your area to benefit your community or organization? If you have any ideas for activities or educational opportunities, please send an email to admin@tapan-westtexas-panhandle.com. If you would like to get something started, but are not sure what to do, please let us know. We will help you with ideas or answer any questions you may have.

Please keep in mind that the ASPAN National Conference will be virtual and in person April 7-10th. There are pre-conference and post-conference activities also, if anyone would like to participate. I hope you can attend!

Please go to the ASPAN website at <http://www.aspan.org>, the TAPAN website at <https://www.tapan.org>, and the wesTpan website at <http://tapan-westtexas-panhandle.com> for information about our organization. You can also get ideas about ways to get more engaged and involved. Any time you can give will be greatly appreciated!

Thank you for all you do every day for your family, friends, coworkers and communities! I hope you and your loved ones stay healthy and safe.

Sincerely,

Trina Mora, MSN, RN, CAPA, CPAN

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April 3rd 2022



Join the

[wesTpan Region](#)

group on Facebook!

Pictures, comments,
events are posted regularly!

Member

January 1 – December 31, 2022



Member CAMPAIGN

Invite your colleagues to join ASPAN today! To thank you for your recruitment work, a variety of awards are available for members who participate.

You can obtain promotional materials and membership applications by contacting ASPAN's National Office toll free at 877-737-9696 or emailing: dhanisch@aspan.org. Request as many copies as you like, and be sure to place your name as the recruiting member on each application you distribute.

Go to <https://www.aspan.org/members/Member-Get-A-Member-Campaign> to get information and claim your rewards!!

Campaign Awards

- Five names (one from each Region) are randomly drawn each quarter. Winners receive an award of their choice from **Tier One**.
- **Recruit 4-9 new ASPAN members in 2022** and receive an award of your choice from **Tier One**.
- **Recruit 10 or more new ASPAN members in 2022**, and receive an award of your choice from **Tier Two**.
- **The Recruiter of the Year, the individual who recruits the most members during 2022** will win one free year of ASPAN membership (*non-transferable*), one free 5-day registration to the 2023 ASPAN National Conference (*non-transferable*), and a commemorative plaque.

(image and text direct from <https://www.aspan.org/Members/Member-Get-A-Member-Campaign> accessed 3/13/20212)

ASPAN National Conference April 7th-10th 2022 In Philadelphia, PA

Let's gather together for the **National Conference 2022** which will feature a new 4-day format from **Thursday – Sunday** designed for greater convenience and less expense.

There will also be a virtual option to choose from.

Save the dates and watch for more announcements to come

Scholarship Opportunities!!

Check *THIS* out!! There are many scholarship opportunities available to you as an ASPAN member! Don't miss out! Start planning now to submit your information for these important member benefits.



ASPAN Scholarship/Award Program includes money for BSN, MSN, and PhD tuition, ASPAN National Conference, CPAN or CAPA Certification, Humanitarian Missions, and even the Nurse in Washington Internship. Applications and information will be available at ASPAN.org this coming February. Research grants are also available for many types of research projects. This is free money for you to use as a member of ASPAN.

There are also opportunities through the state level. The Texas component membership provides scholarships for advanced degree education and continuing education, grants for Medical Mission trips, and research. Information for these awards can be found at TAPAN.org. Part of the dues you pay every year for membership goes toward providing money to help nurses like you learn and teach from home, at school, and abroad.

The region can help as well. West Texas and Panhandle region offers scholarships as well. The information and application is available at our website. Please email admin@tapan-westtexas-panhandle.com with any questions about any of the opportunities listed above.

Last, but not least, ABPANC offers scholarships for those of you looking to get certified as CPAN and /or CAPA. Visit their website for requirement and application information. What have you got to lose? There is plenty of financial help out there for you, take advantage of it.

\$\$ wesTpan Financial Report \$\$
Report as of March 10th, 2022

INCOME
(including dues, fundraising, donations, etc)
\$ 1835.66

EXPENSES
(reimbursements, meeting expenses)
\$ 312.63

BALANCE: \$5103.12



wesTpan bits



Grace Ambulatory Surgery Center, Lubbock:

Lubbock area nurses and staff put together Christmas hygiene kits for Open Door and the Salvation Army. The kits included toothbrushes and toothpaste, deodorant, soap and other items needed by individuals during the holiday season. Their Christmas spirit shows by giving to others!

Wearing their festive surgical caps, Gina Davis and Monique Roe help assemble the kits.



wesTpan Region Officers

President

Trina Mora MSN, RN,
CAPA, CPAN
Midland, TX

Vice President

Jessica Herrera BSN,
RN, CAPA, CPAN
Midland, TX

Treasurer

Carrie Watson MSN, RN
CAPA, CPAN
Midland, TX

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Kat Tollett BSN, RN,
CNOR, CPAN, CST
Abilene, TX

Webmaster

Kat Tollett BSN, RN,
CNOR, CPAN, CST

Any officers can be contacted
at:

admin@tapan-westtexas-panhandle.com



Grace Ambulatory Surgery Center, Lubbock:



Working hard to get it all together are Gina Davis and Brandie Shock.

Susan Fortner, Gina Davis, Brandie Shock and Cindy Rasberry hold the bags of items for donation. Useful items for anytime of year.



Photos courtesy Cindy Rasberry

The folks in Lubbock know how to celebrate PANAW!!

Cindy Golightly, Susan Fortner and Brandie Shock hold up their “chill pills” which are to be chewed as needed to stay chill. Stay calm and chew on.

Picture courtesy Gina Davis



Grace Ambulatory Surgery Center, Lubbock:



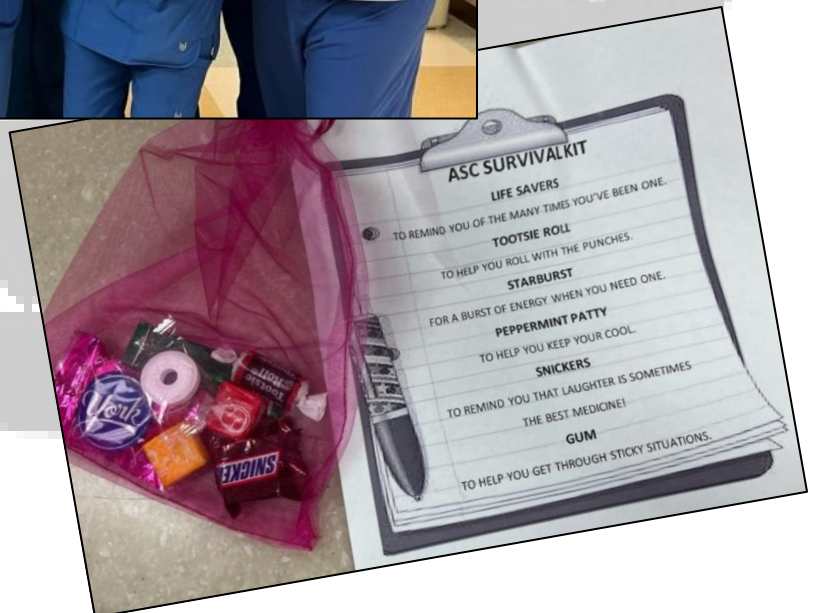
Brandie shock and Gina Davis show off their PeriAnesthesia Nurse's pens during PANAW.

Picture courtesy Monique Roeser



Nursing Survival Kits were provided to staff to help cope with all that nursing can throw at them. Great job y'all!! Keep hanging in there, you are all essential workers for sure!! Pictured here are Jeff Knot, Carolyn Casey, Brandie Shock, Cindy Golightly, Zach Swindle, and Cara Bragg.

Picture courtesy Gina Davis



Midland Memorial Hospital:

Every December, staff at Midland Memorial gather donations for PAWS for Celebration. This was the 5th Annual PAWS donation drive for a local animal shelter called Grand Companions. Here they are with all that they gave this past year.

Back row are: Natalie Kingston, Ruby Sapien, Estela Jimenez, Aidan Gavina, and Trina Mora. Front Row are Cathy Jones, Kim Woodard, and Sarah Salcido



Treats and gifts were shared for PANAW 2022 all week long! Here are some of the goodies shared with staff during the week:



Editor's Note:

What's TAPANing is the official Newsletter of West Texas-Panhandle Region.

Contributions to *What's TAPANing* are encouraged. All articles and comments relevant to Perianesthesia care must be double spaced and typed. The author is responsible for providing appropriate references for accuracy and reliability of information.

Submission Deadlines:

- Feb 15th - Spring newsletter
- May 15th - Summer newsletter
- August 15th - Fall Newsletter
- November 15th - Winter newsletter

Photos are property of the editor unless otherwise noted. Send comments, suggestions, and/or submissions (including individual achievements!) to admin@tapan-westtexas-panhandle.com

Hendrick Medical Center, Abilene:



PANAW week in Abilene included fancy new pens and a cake. Here are ASPAN members Rebecca Keefer, Linda Jacques and Kat Tollett with their pens.



*****Share the news from your area! Send your top sTar-bits to be included in ***
What's TAPANing to admin@tapan-westtexas-panhandle.com**



ASPAN

American Society of PeriAnesthesia Nurses



Visit all the websites to gain valuable information about education, scholarships, membership, benefits, and on and on. This is your organization! You belong to a great group of professionals with tons of resources at your fingertips!



Save the date...2022!

24/7/365

Willingness to Serve

TAPAN and wesTpan websites are *always* ready

To take Willingness to Serve forms!

Show how much you care for your patients and your profession

By filling out a form found on the websites under the “forms” tab

January 1st- March 15th 2022

ABPANC Spring Exam Registration Open

Check out the website at: www.cpancapa.org Be sure to review the new rules for testing and recertification.

March 15th- May 15th, 2022

ABPANC Spring Exam Window

Visit www.cpancapa.org for updates

Good luck to those of you testing!!

April 3rd, 2022 at 3pm

wesTpan Member Meeting

Please log in to join the meeting

Details will be sent via email

April 7th-10th

ASPAN 41st National Conference

Perianesthesia Nursing Together- Importance of Connection, Power of Community

In Philadelphia, PA, See website for updates

Visit www.ASPAN.org

May 15th

Summer 2022 Newsletter submission deadline

Submit events, pictures, congratulations, and even jokes

to admin@tapan-westtexas-panhandle.com

Anytime, Anyday

Visit ASPAN.org to see a list

Of webinars and on-demand modules available anytime



West Texas and Panhandle Region

Member Meeting

**Don't be left out in the
cold, stay in the loop with events and
needs of our region!**



You are already a member,
join other members in voicing your opinions, complaints, and ideas for our region.

What needs do you have? How can the association help you?

April 3rd 2022 at 3 PM central time zone

Virtual meeting



Keep an eye on your email for details to come.
Agenda and virtual meeting details will be sent via email
prior to meeting time.