



Spring 2018  
Volume 8 Number 1

# What's TAPANing

The Official Newsletter of the West Texas and Panhandle Region

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Join the  
wesTpan group on  
Facebook!  
Pictures, comments,  
events are posted regularly!

## President's Message

by *Trina Mora*

Happy Spring, Fellow wesTpan Members!

Winter is finally coming to an end and we are in the season of new beginnings. I hope you all had a great holiday season with family and friends! Spring is a wonderful time of year to see everything starting over fresh! Like nature, we are also looking forward to a fresh start. We are looking to increase our membership and improve engagement with current members.

I need to announce a change in our region leadership. Unfortunately, Sarah Salcido is no longer available to be our treasurer, but we are very happy and proud to announce that Carrie Watson, BSN, RN, CAPA is taking over as the wesTpan Treasurer. Please help us welcome her to this role. We are certain she will do an incredible job! Carrie works at Midland Memorial Hospital in the PACU and PreOp Holding Area.

The ASPAN National Conference is this Spring. It is from April 29, 2018 to May 3, 2018 in Anaheim, California! It is sure to be a great time. Please go to the ASPAN website at <http://www.aspan.org> and check it out! If you are able, please be sure to register and join us for fellowship and learning in California. I am on a team from Midland Memorial Hospital that will be presenting a session about PreOperative Carbohydrate Loading. If you attend, please sign up for our unique session!

Thank you for all you do!

*Trina Mora, BSN, RN, CAPA, CPAN*



## *Save the date...2018!!*

January 8<sup>th</sup> - April 2<sup>nd</sup>

### ABPANC Exam Registration Open

Check out the website, new testing provider  
Is now in effect which means new rules for  
Scheduling/cancellations/roll overs

March 19<sup>th</sup>

### Certified Nurses Day!

A day set aside to recognize and honor those who have  
Achieved certification in pre-op, post-op, and beyond!

May 15<sup>th</sup>

### Summer 2018 Newsletter submission deadline

Submit events, pictures, congratulations, even jokes  
To [admin@tapan-westtexas-panhandle.com](mailto:admin@tapan-westtexas-panhandle.com)

April 2<sup>nd</sup>-May 29<sup>th</sup>

### CAPA CPAN exam dates

Good luck to those of you who are testing!  
For more information, visit the ABPANC website at: <http://cpancapa.org/>

April 29<sup>th</sup> - May 3<sup>rd</sup> 2018

### ASpan National Conference

Taking place in Anaheim CA  
Visit <http://www.aspan.org/Events> for details



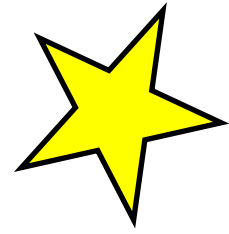
### *Meet your wesTpan Treasurer*

Hi! I'm Carrie Watson, BSN RN CAPA. I am glad to be helping out the wesTpan region by serving as treasurer. I have been a nurse for 14 years (all in Perioperative services). The specific areas in which I have worked include: Preoperative Assessment Dept., Outpatient Surgery, Postoperative inpatient, POCU, and PACU.

I am excited (and maybe a little nervous) to be taking my CPAN test in May 2018. In the future, I plan to obtain my Master's in Nursing.

My husband and I have three children ages 31, 28, and 21 years old. I am also proud of my two grandchildren, 2 and a half years and 4 months old! (Want to see pictures?!) I love to spend time with my family, read, sew, golf and fish.

Thank you for allowing me this opportunity to serve as your treasurer!



**Midland Memorial Hospital (Midland):**



*Midland Christmas party 2017*

Back row: Trina Mora, Natalie Kingston, Patricia Catlett, Michelle Wentworth, Estela Jimenez, Javier Salcido, Laura Newbrough

Front row: Phyllis Hawkins, Sarah Salcido, Manuel Gonzales, Jessica Herrera, Linda McDonald

photo courtesy Nani Struble

*PANAW Week 2018*

Rosa's Cafe tacos were provided by Dr. Brooks for POCU/PACU nurses and aides at Midland Memorial Hospital.

People in the picture are:  
Trina Mora BSN, RN CAPA, CPAN,  
Maria Torres, aide, Estela Jimenez,  
RN, Jessica Herrera BSN, RN,  
Natalie Kingston, RN, CPAN  
Thank you Dr. Brooks!

Photo courtesy Sulema Domiguez UTPB 4<sup>th</sup> semester nursing student







Cute cookie cake for Midland's PANAW celebration!

Does that mean the cookie is so good, it will put you in A-fib?!?

Photo courtesy Trina Mora



PANAW gifts by Trina Mora! THANK YOU Trina!

A few of the people who received gifts are:

- Phyllis Hawkins RN
- Michelle Wentworth BSN, RN
- Carrie Watson BSN, RN, CAPA
- Patricia Catlett BSN, RN

Photo courtesy Jessica Herrera

## Editor's Note:

*What's TAPANing* is the official Newsletter of West Texas-Panhandle Region.

Contributions to *What's TAPANing* are encouraged. All articles and comments relevant to Perianesthesia care must be double spaced and typed. The author is responsible for providing appropriate references for accuracy and reliability of information.

### Submission Deadlines:

- Feb 15<sup>th</sup> - Spring newsletter
- May 15<sup>th</sup> - Summer newsletter
- August 15<sup>th</sup> - Fall Newsletter
- November 15<sup>th</sup> - Winter newsletter

Photos are property of the editor unless otherwise noted. Send comments, suggestions, and/or submissions (including individual achievements!) to [tollettk473@gmail.com](mailto:tollettk473@gmail.com)



*PANAW lunch*

Photo courtesy Jessica Hererra

provided by our VP of PeriOp and Ancillary Services Wes Barnt, from Luigi's Italian Restaurant.

People in the photographed here are: Laura Newbrough RN, CPAN, CVRN,

Diane Saenz BSN, RN, Linda McDonald RN

Wes Barnt MBA, RT(R)(CV), RCIS, Vice President, Ancillary Services

Natalie Kingston RN, CPAN, Kim Woodard RN, CPAN

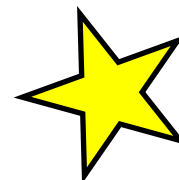
in front, Manuel Gonzales aide.

**Hendrick Medical Center (Abilene):**



On December 18<sup>th</sup>, the food and other items collected by PACU and OR staff was brought to Noah Project of Abilene. Ashlee Bradford and Kat Tollett

Photo property KTollett



**\*\*\*Share the news from your area! Send your top sTar-bits to be included in \*\*\*  
What's TAPANing to [admin@tapan-westtexas-panhandle.com](mailto:admin@tapan-westtexas-panhandle.com)**



A shout out to Lubbock, Amarillo, San Antonio, Sweetwater!!! We know you're working hard too, and there has got to be some cool stuff going on in your area! Let the rest of us in on it! Sent a note and some photos to show everyone what you're up to.

Please submit any items or ideas you would like to see included

to [admin@tapan-westtexas-panhandle.com](mailto:admin@tapan-westtexas-panhandle.com)

AND...

Don't forget Facebook!

*Thank  
You!!*

A last (but most certainly NOT least!) note of gratitude to Ellen Abaquin. Ellen, THANK YOU for all you have done to get us where we are today as a region!



And to Susan Norris, our thoughts and prayers are with you and your family. TAPAN love is being sent your way from West Texas and Panhandle!

## wesTpan Region Officers

### President

Trina Mora BSN, RN,  
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### Vice President

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<http://www.tapan-westtexas-panhandle.com>