

Summer 2011



West Texas Pan Handle Region

Volume 2, Number 2

President's message

Jackie Clinkinbeard, RN

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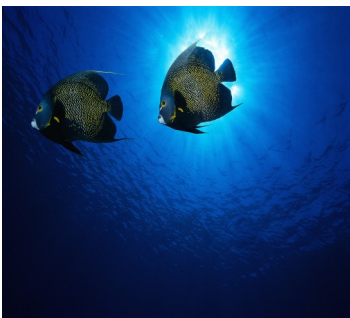
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Hello TAPAN friends. This has been an interesting year for me. At times I felt like we were making progress; then at times I felt as if I was floundering around in uncharted territory looking for the light. I had hoped to talk with many more of you than I have this year. I really appreciate those of you who have made an effort to contact me and the other officers. I really do appreciate you for reaching out. Your ideas for making us a better region are always welcome. I think this newly formed region will become beneficial to each and every one of us. It is just taking a little more time than I wanted it to.

I am excited about our next regional meeting. First of all we will be electing new officers. Please fill out a willingness to serve form and become a leader in this new West Texas Pan-handle Region. We need you!

I am excited about our new website. Many thanks to Elena and Kristen Abaquin for the work they put into this project. I hope this will allow us to communicate with everyone in the region more effectively. We are in the growing stages, so please utilize this site and give us feedback. Again, thank you Elena and Kristen for a job well done.

If you are an old member that has been on the sidelines for a while, or a new member looking for a place to fit in, WE NEED YOU! We have vacancies to fill.



On the Legislative Front

Charon Howell, RN CAPA

Information courtesy Cindy Hill, RN, BSOE, CAPA, CPAN

(March AACN Policy Beat)

On Monday March 21, 2011, AACN hosted both an in-person and virtual advocacy day requesting members of congress to protect funding for Title VIII Public Health Service Act and National Institute of Health funding in fiscal year 2011, and to increase funding in 2012. The top 5 state that engaged in the advocacy day included; Georgia, California, New Jersey, Minnesota and Missouri.

On October 29, 2011 the U.S. Department of Education released a Federal Register notice that changes the regulation for state authorization of distance education programs. The new rule that will go into effect on July 1, 2011 states: " If an institution is offering postsecondary education through distance or correspondence education to students in a state in which it is not physically located, or in which it is otherwise subject to state jurisdiction as determined by the state, the institution must meet any state requirements for it to be legally offering postsecondary distance or correspondence education in that state. An institution must be able to document to the secretary the states approval upon request. "

The regulation could subject religiously affiliated institutions to new state regulation, opening the door to state involvement in curricular affairs of these institutions. Moreover, the expectations for what constitutes and appropriate authorization of an institution or an adequate complaint process are so ill-defined that institutions and states do not feel confident in their ability to identify practices and policies that will be accepted by department regulators. The portions of the state authorization regulations dealing with distance education are particularly confusing. Because of these uncertainties, this new rule could force campuses to pull back on legitimate and creative distance education programs, leaving the students most in need behind. "

House bill 46 for a smoke free Texas passed the House appropriations committee with a 19 to 1 vote. It is reported that banning smoking in public places may save \$30 million a year in Medicaid costs and over \$200 million a year in overall health expenses. The bill would only effect public places, businesses licensed by the Texas Alcoholic Beverage Commission or the Texas Health Department.





Pradxa
Dibigatran
Charon Howell, RN CAPA

You may have noticed your patients taking a new medication called Pradxa. This is the latest anticoagulant, approved for the prevention of stroke in patients with non-valvular atrial fibrillation.

Pradxa is administered twice daily in a PO dose up to 150mg. Renal impaired patients take a lower dose of 75mg twice daily. Onset of action is 30 to 120 minutes and continues working for 12 to 24 hours. Bleeding is the primary adverse event associated with dibigatran.

Monitoring the effectiveness of Pradxa is promoted as not being required. However, in our facility we have had an incident of an INR of 2 on a renal patient who was receiving 150mg twice daily. Renal function was too low, and the subsequent heart cath was postponed until the dose was decreased and INR improved. Pradxa may increase AST/ALT and liver enzymes. Dose adjustments are recommended for creatinine clearance less than 30ml/min. Additional side effects include an increased bleeding risk on patients ages 75 years and older, or patients already taking NSAIDS or aspirin-like products.

Of special note to Perianesthesia nurses, according to the manufactures recommendations, Pradaxa should be held for 24 to 48 hours before an invasive or surgical procedure.

(2011,May). Retrieved June 17, 2011, from Pradaxa.com

Make a Note & Save the Date!

July 9th: ABPANC Window for online registration for CAPA/CPAN exam opens
August 13, 2011 TAPAN Leadership Conference, Houston at the Woodlands
September 9th–11th ASPAN Component Development Institute, Philadelphia, Penn
September 15th CAPA/CPAN online registration deadline

September 16–18 TAPAN State Conference, Austin

October 1st: CAPA/CPAN examination window opens

October 2–5, 2011 First International Conference for Perianesthesia nurses, Toronto, Canada

November 10th CPAN/CAPA examination window closes

December 6–17 ASPAN Professional Delegation to China; www.peopletopeople.com 877-787-2000



Spring in Seattle Edna Pabruada RN, BSN, CPAN

I have always wanted to go to Seattle because of what I have read and seen in the movies. So when the opportunity arose to attend the 30th annual ASPAN National Conference in Seattle Washington, I couldn't resist.

Seattle was cold and raining the entire time, but it was funny, the locals did not seem to mind it. I have always like the cold weather, but rain everyday, that's a different thing.

Over 2100 ASPAN attendees had an opportunity to get to know Seattle. There were many things to admire about the city, but one thing that stands out is how environmentally conscious the people of Seattle are. Everywhere I went there were bins for trash, paper and plastics. Recycling is high on Seattle's agenda, and it is the law.

Attending the conference was quite special, and this was the first time I was able to attend the whole week. For me the conference began with Component Night and the theme this year was "Follow the Yellow Brick Road". President Kim "Dorothy" Kraft brought all her friends including the cowardly lion, tin man and scarecrow to the Emerald City party. Component Night gives nurses from different states an opportunity to socialize & network. It was awesome to meet people face to face that you normally only know from journals or publications. Appetizers, music and dancing kept everyone in the mood to party.

Opening ceremony Monday, April 4th was held in the Grand Ballroom beginning with a flag presentation. Laura Kraft (president Kim Kraft's daughter)

sang a wonderful rendition of the National Anthem. The Keynote Speaker was Donna Cardillo who spoke of "Success is a Journey, not a Destination." I was so proud of Texas when it was announced we were awarded the Gold Leaf Award for the best Component of the year!

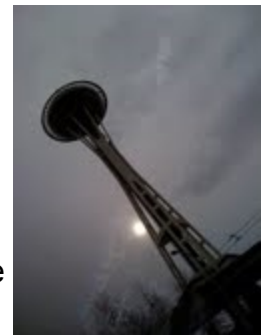
For the first time the CAPA/CPAN celebration was a luncheon instead of breakfast and it was well attended.

Tuesday and Wednesday were filled with education, but I was able to take advantage of the 2 hour lunch break's and see some of the city.

The Development luncheon was held on Wednesday, and the speaker, Douglas Strauss spoke on "Be the Gift and Make Their Day." Wednesday night was also the President's Reception. Kim Kraft had an opportunity to meet and greet the attendees who all came in evening attire.

The closing breakfast started at 6:30am with Closing Ceremonies following the Presidential Address from Chris Price. The installation of the ASPAN officers and Board Members was also held at this time. The closing speaker was Ken Larson who spoke on "Inspirationship".

It was hard to part with Seattle, but the highlight of my trip was seeing the top of Mt. Rainier. I was at a loss for words. The site was awesome from the plane. I gained so much personally and professionally from making this trip. Hopefully through this article I was able to make you a part of it as well.





Willingness to Serve

Forms are located on the TAPAN website. Please carefully consider where you can best serve and return it to Jackie Clinkinbeard as soon as possible!!!

WHERE'S MY COMMITTEE...

Scholarship: Chairman Elena Abaquin, manang@suddenlink.net
 Vicki Lessing, vickylesing@hotmail.com
 and the President

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 —volunteers needed!!

Editor's Note:

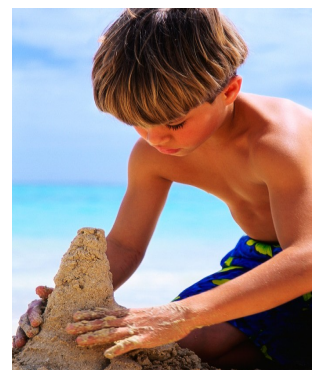
What's TAPANing is the official newsletter of West Texas—Panhandle Region.

Contributions to *What's TAPANing* are encouraged. All articles and comments relevant to PeriAnesthesia care must be double spaced and typed. The author is responsible for providing appropriate references for accuracy and reliability of information.

Submission Deadlines:
 March 15—Spring issue
 July 15—Summer issue
 October 15—Fall issue
 January 15—Winter issue

Send comments, suggestions and/or submissions to:

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Willingness to Serve

It's the thing that keeps our region and our organization viable.
 It's your voice being heard in your profession.
 It's a chance to give back to a specialty that has given you so much.
 It's an opportunity to bring your professional standing to a new level.
 It's your time to make a real difference!



A chance to get off the sidelines
 and get in the game!
 It's the beginning of a great adventure.
 Who knows where it will lead?
 Take a chance, step out of the box

SERVE!!

All officer positions are up for re-election this year

*If your actions inspire
 others to dream more,
 learn more, and become
 more, you are a leader*
*John Quincy
 Adams*

We are on the Web!!!
 Visit us at
www.TAPAN-westtexas-panhandle.com

Many thanks to Elena Abaquin for seeing this project through. All newsletters will now be posted on the website, along with announcements and happenings in our region. If you have something you would like posted please contact Elena and let her know.



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Brownwood	Suzanne Reyes	325-646-8491
Pampa	Bridget Wheeler	

From the Editors Desk

As I write this it is only June and already summer feels ages long. Hot winds blow relentlessly, the heat is soaring in triple digits and the Texas drought is sucking up every bit of moisture it can find.

My attitude seems to be drying up as well. Wal-Mart is full of crying children, short fused parents, and soaring prices. What happened to the joy of summer?

My mind trails back to summers of my childhood spent on the shores of Lake Michigan. My sister and I were privileged kids, spending memorial day to labor day at our family cottage in Saugatuck. Plastic yellow buckets with red shovels were our tools to build the finest sand castles ever seen on the beaches of Lake Michigan. Juice from South Haven blue berries stained our cheeks, and we were tanned and healthy little girls, oblivious to the tumultuous 60's.

Time passes and endless waves roll in and out of our lives. Sometimes it seems difficult to see the progress.

I was standing at the bedside waiting for

my physician to mark the site on his patient before heading into the OR. His habit since time began had been to just put a check mark on the appropriate limb. Getting him to understand "yes" and his initials were the only acceptable mark has been a battle royal, complete with pen throws and unwarranted comments in front of patients and family.

I stiffen and prepare for today's assault when his tanned face turns to me. He wordlessly takes the marking pen, writes "yes" and his initials. He offers me a relaxed smile, and hands the pen back as he leaves the bedside.

Summer still has its magic.

Charon

