



Fall 2022
Volume 12 Number 3

What's TAPANing

The Official Newsletter of the West Texas and Panhandle Region

Hello wesTpan members!

I hope you all enjoyed your summer! As summer comes to an end, it is time to get ready for fall. Like many of you, my favorite season is fall.

Fall brings us to that time of year for our TAPAN state conference! The TAPAN 46th Annual State Conference is scheduled for September 23-24th in Sugarland, TX. Registration is free with 5.5 CE's offered to attendees. Simply fill out the RSVP at www.tapan.org/state-conference-2022. Information about topics and speakers can be found on the TAPAN website. Please join us!!

Please remember our Member Spotlight in our newsletter. If you, or someone you know, would like to be mentioned in the Spotlight, please send us a picture and a short bio, and we will include it in the next newsletter. Everyone deserves their time in the spotlight for the great work they do!

Are you interested in organizing an event with the other PeriAnesthesia nurses in your area to benefit your community or organization? Community service is part of what our organization does regularly. If you would like to get something started, but are not sure what to do, please let us know. We will help you with ideas or answer any questions you may have.

How about ideas for activities or educational opportunities? Please speak up! If you are interested in becoming more engaged in our regional activities, please contact us. Liaisons are needed for every area in our region. We would love to have suggestions and any help that you can give.

Please go to the ASPAN website at <http://www.aspan.org>, the TAPAN website at <https://www.tapan.org>, and the wesTpan website at <http://tapan-westtexas-panhandle.com> for information about our organization. You can also get ideas about ways to get more engaged and involved. Any time you can give will be greatly appreciated!

Thank you for all you do every day for your family, friends, coworkers and communities!

Sincerely,

Trina Mora, MSN, RN, CAPA, CPAN

What's inside this issue

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Join the
[wesTpan Region](#)
group on Facebook!
Pictures, comments,
events are posted regularly!

Member



Member CAMPAIGN

January 1 – December 31, 2022

Invite your colleagues to join ASPAN today! To thank you for your recruitment work, a variety of awards are available for members who participate.

You can obtain promotional materials and membership applications by contacting ASPAN's National Office toll free at 877-737-9696 or emailing: dhanisch@aspan.org. Request as many copies as you like, and be sure to place your name as the recruiting member on each application you distribute.

Go to <https://www.aspan.org/members/Member-Get-A-Member-Campaign> to get information and claim your rewards!!

Campaign Awards

- Five names (one from each Region) are randomly drawn each quarter. Winners receive an award of their choice from **Tier One**.
- **Recruit 4-9 new ASPAN members in 2022** and receive an award of your choice from **Tier One**.
- **Recruit 10 or more new ASPAN members in 2022**, and receive an award of your choice from **Tier Two**.
- **The Recruiter of the Year, the individual who recruits the most members during 2022** will win one free year of ASPAN membership (*non-transferable*), one free 5-day registration to the 2023 ASPAN National Conference (*non-transferable*), and a commemorative plaque.

(image and text direct from <https://www.aspan.org/Members/Member-Get-A-Member-Campaign> accessed 3/13/20212)

\$\$ wesTpan Financial Report \$\$
Report as of July 13th, 2022

INCOME
(including dues, fundraising, donations, etc)
\$ 725.45

EXPENSES
(reimbursements, meeting expenses)
\$ 0

BALANCE: \$5518.57

Scholarship Opportunities!!

Check *THIS* out!! There are many scholarship opportunities available to you as an ASPAN member! Don't miss out! Start planning now to submit your information for these important member benefits.



ASPAN Scholarship/Award Program includes money for BSN, MSN, and PhD tuition, ASPAN National Conference, CPAN or CAPA Certification, Humanitarian Missions, and even the Nurse in Washington Internship. Applications and information will be available at ASPAN.org this coming February. Research grants are also available for many types of research projects. This is free money for you to use as a member of ASPAN.

There are also opportunities through the state level. The Texas component membership provides scholarships for advanced degree education and continuing education, grants for Medical Mission trips, and research. Information for these awards can be found at TAPAN.org. Part of the dues you pay every year for membership goes toward providing money to help nurses like you learn and teach from home, at school, and abroad.

The region can help as well. West Texas and Panhandle region offers scholarships as well. The information and application is available at our website. Please email admin@tapan-westtexas-panhandle.com with any questions about any of the opportunities listed above.

Last ,but not least, ABPANC offers scholarships for those of you looking to get certified as CPAN and /or CAPA. Visit their website for requirement and application information. What have you got to lose? There is plenty of financial help out there for you, take advantage of it!

Visit all the websites to gain valuable information about education, scholarships, membership, benefits, and on and on. This is your organization! You belong to a great group of professionals with tons of resources at your fingertips!



wesTpan Region Officers

President

Trina Mora MSN, RN,
CAPA, CPAN
Midland, TX

Vice President

Jessica Herrera BSN,
RN,CAPA, CPAN
Midland, TX

Treasurer

Carrie Watson MSN, RN
CAPA, CPAN
Midland, TX

Secretary

Kat Tollett BSN, RN,
CNOR, CPAN, CST
Abilene, TX

Webmaster

Kat Tollett BSN, RN,
CNOR, CPAN, CST

Any officers can be contacted
at:

admin@tapan-westtexas-panhandle.com



ASPAN

American Society of PeriAnesthesia Nurses



Midland Memorial Hospital:



We had a going away party in July for one of our PACU nurses. She is an ASPAN and TAPAN member and has moved to Fredericksburg. Sad to see her go, but we wish her luck!

First pic is of the charcuterie board one of the nurses (Morgan Powell) made for the party. Second pic is: back row Trina Mora, Lanora, Natalie Kingston, Laura Newbrough. Front row Kim Woodard and Ms. Kim. I took all the pics.



This charcuterie board was made by Megan Powell, one of our PACU nurses. It looked SO good!

Laura giving Natalie first bite!



Some of our PACU nurses in Midland joining the party to say our good-byes to Natalie. Trina Mora, Lanora, Natalie Kingston, Laura Newbrough, and (in front) Kim Woodard and Ms. Kim.

Thanks for all the years of fun and hardwork, Natalie!!

All photos courtesy Trina Mora



*****Share the news from your area! Send your top sTar-bits to be included in ***
What's TAPANing to admin@tapan-westtexas-panhandle.com**





Letter from the Editor

A need for reply...

As the *What's TAPANing* editor, I am asking for your input. Each and every one of you, the wesTpan members, must use this opportunity to let your voice be heard. This newsletter has been produced faithfully, since the 2015 Fall edition. The wesTpan board members have decided to request the opinion of the newsletter readers regarding frequency for production. It has been suggested that production be reduced to once, twice, or three times a year. The question brought before all of you is this: how often would you like to see *What's TAPANing* arrive in your email?

If there is no response from members, the newsletter may cease to exist altogether. This has happened in the past, when there was no editor. The newsletter is intended to keep members informed and to share information with co-workers who may not be members of ASPAN. It takes time and people to put an issue together and will keep happening if members, like you, are willing to read it.

Please send your response to admin@tapan-westexas-panhandle.com

I am eagerly awaiting your input. Thank you,

Kat Tollett, wesTpan newsletter editor

Editor's Note:

What's TAPANing is the official Newsletter of West Texas-Panhandle Region.

Contributions to *What's TAPANing* are encouraged. All articles and comments relevant to Perianesthesia care must be double spaced and typed. The author is responsible for providing appropriate references for accuracy and reliability of information.

Submission Deadlines:

Feb 15th - Spring newsletter
May 15th - Summer newsletter
August 15th - Fall Newsletter
November 15th - Winter newsletter

Photos are property of the editor unless otherwise noted. Send comments, suggestions, and/or submissions (including individual achievements!) to admin@tapan-westtexas-panhandle.com

Save the date!

24/7/365

Willingness to Serve

TAPAN and wesTpan websites are *always* ready
To take Willingness to Serve forms!
Show how much you care for your patients and your profession
By filling out a form found on the websites under the “forms” tab

September 11th, 2022 5 PM

wesTpan Member Meeting

via zoom, watch your email for details and updates

September 22-23

TAPAN 46th Annual State Conference

In Sugarland, TX

Free registration and CEUs

Visit TAPAN.org for details and RSVP

November 15th

Winter 2022 Newsletter submission deadline

Submit events, pictures, congratulations, and even jokes
to admin@tapan-westtexas-panhandle.com

January 1st - March 15th, 2023

ABPANC Spring Exam Registration Open

Check out the website at: www.cpancapa.org

March 15th - May 15th, 2023

ABPANC Spring Exam Window

Visit www.cpancapa.org for updates

Good luck to those of you testing!!

April 27th - 30th, 2023

ASPAN 42st National Conference

Denver, Colorado. See website for updates

Visit www.ASPAN.org

Anytime, Anyday

Visit ASPAN.org to see a list
Of webinars and on-demand modules available anytime

General Membership Meeting

Plan to join the zoom meeting on

Sunday March 26th 2023

At 5 pm (central time)

**Instructions and Agenda will be
emailed and posted to facebook prior
to meeting time.**

**Please plan to attend to discuss issues
regarding our region, your input is
needed!!**