



Winter 2019
Volume 9 Number 4

What's TAPANing

The Official Newsletter of the West Texas and Panhandle Region

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Join the
[wesTpan Region](#)
group on Facebook!
Pictures, comments,
events are posted regularly!



Happy Holidays wesTpan members!

Fall has come to an end, and it is Holiday Season. This is my favorite time of year, as I'm sure it is for many of you.

I would like to say Congratulations to our Vice President of wesTpan, Jessica Herrera, for obtaining her CPAN certification! We're all very proud of you Jessica!!

Please read the Member Spotlight in this newsletter. You may know this member, and if not, you will learn something about her. We have a lot of great members in our region, so if you, or someone you know, would like to be mentioned in the Spotlight, please send us a picture and a short bio, and we will get it in the next newsletter. If there is more than one entry, we will publish the first one we receive and include the next one in the next newsletter. Everyone deserves their time in the spotlight for the work they do!

In Midland, for the Holiday Season, we are doing our Annual Paw's for Celebration donation drive. We collect pet supplies to help our homeless furry friends during the holidays. We are also collecting coats, blankets and other items that will help keep people in need warm during the cold time of year. Please think about collecting donations in your areas for any important causes. We can help you make flyers to post in your work areas. If you do any activities to benefit the community, be sure to take pictures and send them to us. We will include those in the next newsletter.

Again, if you are interested in organizing an event with the other PeriAnesthesia nurses in your area to benefit your community or organization, please let us know. If you would like to get something started, but are not sure what to do, we will help you with ideas or answer any questions you may have. Also, if you have an article you would like to write for the newsletter regarding PeriAnesthesia nursing, please feel free to do so.

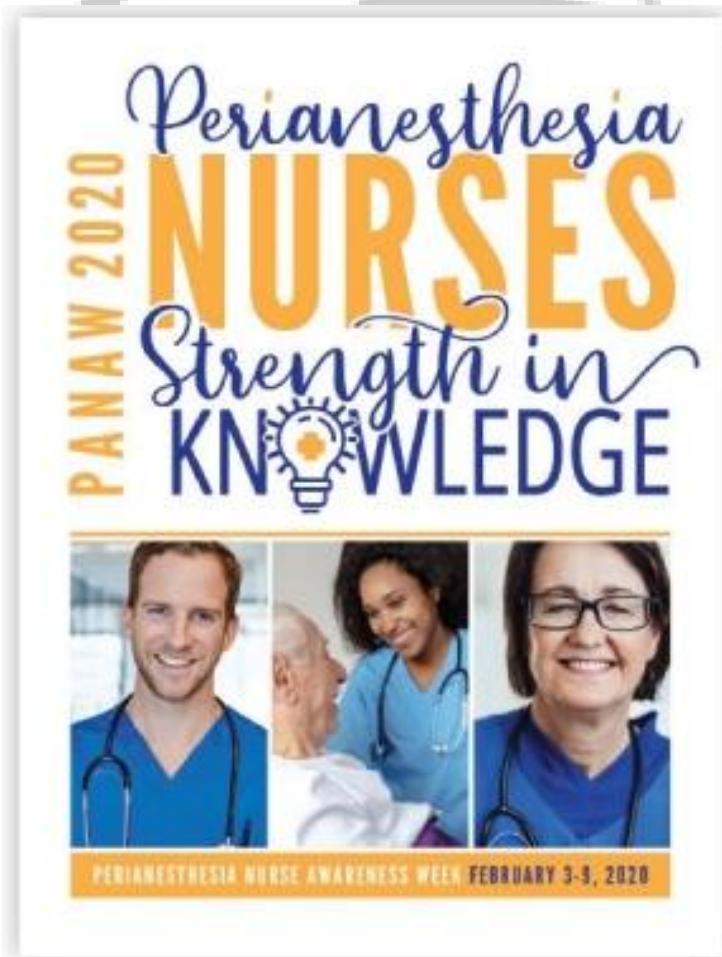
Do you have any ideas for activities or educational opportunities? If so, please let us know. If you are interested in becoming more engaged in our regional activities, please contact us. Liaisons are needed for every area in our region. As a group, we are all here to support each other. We would love to have suggestions and any help from you that you can give.

Please go to the ASPAN website at <http://www.aspan.org>, the TAPAN website at <https://www.tapan.org>, and the wesTpan website at <http://tapan-westtexas-panhandle.com> for information about our organization. You can also get ideas about ways to get more engaged and involved. Any time you can give will be greatly appreciated! Put in a friend request for [wesTpan region](#) facebook page if you are one who likes to post your ideas.

Thank you for all you do every day for your family, friends, coworkers and communities! Have a safe and wonderful Holiday Season with family and friends!

Sincerely,

Trina Mora, MSN, RN, CAPA, CPAN



February 3-9, 2020
Escribida 3-9 5050

PERIANESTHESIA NURSE AWARENESS WEEK (PANAW)

What do you do at your facility to celebrate? How do you let others know about the great work you do?

Post your pictures on facebook to highlight you and your co-workers enjoying this special week!

Official PANAW products can be ordered online at www.panaw.com

NOTICE TO ALL TAPAN members from Deborah Davis—PLEASE VOTE!

It's time to vote for ASPAN officers! I just cast my ballot! It's very simple to do. Please go to the ASPAN.org website>About Us>Governance>Read Candidate bio's>cast your vote>Submit.

Once you vote, please get other TAPAN members to vote (at least 3 more). TAPAN IS THE PRESENT ASPAN GOLD LEAF COMPONENT OF THE YEAR! Let's show fellow components one of the reasons why we were chosen! It takes 5 minutes to do! Email me if you have any questions.

Thanks Everyone!

Deborah Davis BSN RN CPAN

TAPAN Immediate Past President 2019-2021

ASPAN Member-Get-A-Member Campaign

It's not too late to participate in the ASPAN Member-Get-A-Member Campaign, which runs from January 1, 2019, to December 31, 2019. Invite your colleagues to join ASPAN today! To thank you for your recruitment efforts, there are a variety of rewards:

- Tier One – (Recruit 4 – 9 members) \$25 Amazon Gift card, ASPAN Member Pin, or ASPAN Team T-Shirt
- Tier Two – (Recruit 10 or more members) \$50 Amazon Gift card, ASPAN Zip Pullover, or ASPAN 2019-2020 Standards
- Tier Three – Recruiter of the Year (Recruits the most members for the calendar year) Complimentary basic registration to the next ASPAN National Conference, complimentary 1-year ASPAN membership, and a commemorative plaque to be presented at National Conference.

You can obtain promotional materials and membership applications by contacting Doug Hanisch at the ASPAN National Office toll free at 877-737-9696, extension 215 or email dhanisch@aspan.org. Request as many copies as you like and make sure to put your name as the recruiting member on each application you distribute.

(article from Breathline vol.39 issue 36 November/December 2019 p.3)

*Congratulations
Jessica Herrera BSN, RN
And now CPAN!*

Way to go Jessica! We are proud of the work you put into this achievement and the dedication you show to your patients!

**Pictures from TAPAN 43rd Annual State Conference
Lewisville, Texas September 27th-29th**



Four winners of the star award from the westTpan region this year! Three of the certificates with the Star pin are shown here. It is an honor, as a TAPAN member, to be nominated for this award. The star award nomination is made by someone who recognizes a member who represents the mission of TAPAN through their contributions and service to professional perianesthesia nursing in the preceding year.

KatTollett and Jessica Herrera at the conference. Vendor booths were set up to visit during breaks.

Also, many raffle tickets to be had and refreshments to choose from!



Pictures from TAPAN 43rd Annual State Conference



The President's dinner is a fun time! There was dancing and games and catching up with friends and meeting new ones.

The 50's theme was brought to life by the Pink Ladies and poodle skirts. Whether playing or watching, hula hoops and twister kept everyone entertained.



The 43rd Annual State Conference Planning committee did a fantastic job with great ideas for prizes and games. Thank you all!

TAPAN 43rd Annual State Conference



Immediate past president Deborah Davis BSN, RN, CPAN gave a heartfelt speech as she steps down to welcome Felicia Selman BSN, RN, CAPA to the president position.

These women, and all of the board members of TAPAN, are an inspiration to every member in Texas. Each of them were once attendees of state and national conferences. They got involved with the organization to make a difference and encourage others to be the best nurses and to get certified. They are passionate about their profession and the organization and it is infectious! Going to a state conference may lead you to realize that you too have the ability and passion to get involved in something bigger than you. You are encouraged to attend a regional, state, national, or international conference and get re-energized!

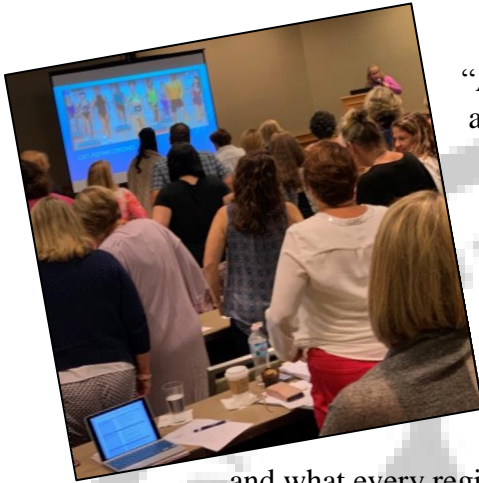
All pictures courtesy of J. Herrera and K. Tollett

Pictures from the Component Development Institute in Cincinnati, OH “Celebrate Strength; elevate practice”



A few of the attendees pose for a picture: (from left to right) Sonia Deleon BS, RN, TAPAN treasurer, Susan Norris BScN, RN, CAPA, TAPAN webmaster and ASPAN Region Two director, Peggy McNeil guest speaker, Felicia Selman BSN, RN, CAPA, current TAPAN president (Vice president/President elect at the taking of this picture), Lori Rabago BSN, RN, Hill Country and South Texas region co-historian, and Jessica Herrera BSN, RN, CPAN, West Texas and Panhandle region Vice President/ President elect.

Pictures from the Component Development Institute



“ASPAN Strong, Get Up and Move” presentation



We are learning what is expected of each component of ASPAN and what every region can do to elevate their component.

A wonderful view of Cincinnati, Ohio.



All pictures courtesy of J. Herrera

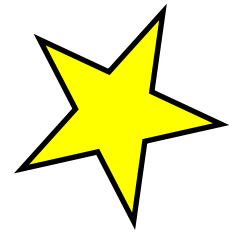
\$\$ wesTpan Financial Report \$\$

Report as of December 10th, 2019

INCOME (including dues, fundraising, donations, etc): \$135.63

EXPENSES (reimbursements, meeting expenses): \$ 50

BALANCE: \$1993.93



Midland Memorial Hospital:

October Breast Cancer Awareness Month and celebrating survivors with staff at Midland Memorial.



Getting together to show support are Ann Gibson, Rebekah Ryan and Carrie Watson.

Photo courtesy C. Watson



Pretty in any color and

showing off our pink!

Left to right in back: Sarah Salcido, Dora Gomez, Estela Jimenez and Laura Newbrough.

Left to right in front: Jessica Herrera, Natalie Kingston, Morgan Powell, and Phyllis Hawkins.

Photo courtesy J.Herrera



Everyone is joining up together! Left to right: Alison Thompkins (breast cancer survivor), Tamara, Michelle Awbrey, Suzanna Zubia, Adriana Morales, Ande Sookhai, Jerry Morales, Brenda Burnett and in the way back Charlie Ramirez

Photo courtesy C. Watson

Midland Memorial Hospital:



Halloween fun in Midland! We are showing off our tattoo sleeves (our Halloween costume provided by Natalie) . Pictured here left to right : Dr. Brooks, Cathy Jones, Natalie Kingston, Estela Jimenez, Trina Mora, Karin LeBlanc, Dora Gomez, Ruby Sopian, Phyllis Hawkins, Kim Woodard, Laura Newbrough. Front row: Kaley Owens, Jessica Herrera, Morgan Powell, and Sarah Salcido.

Our Halloween visitor this year was Wonder Woman Dog, a service animal who is an employee of the hospital!

Hendrick Medical Center (Abilene):



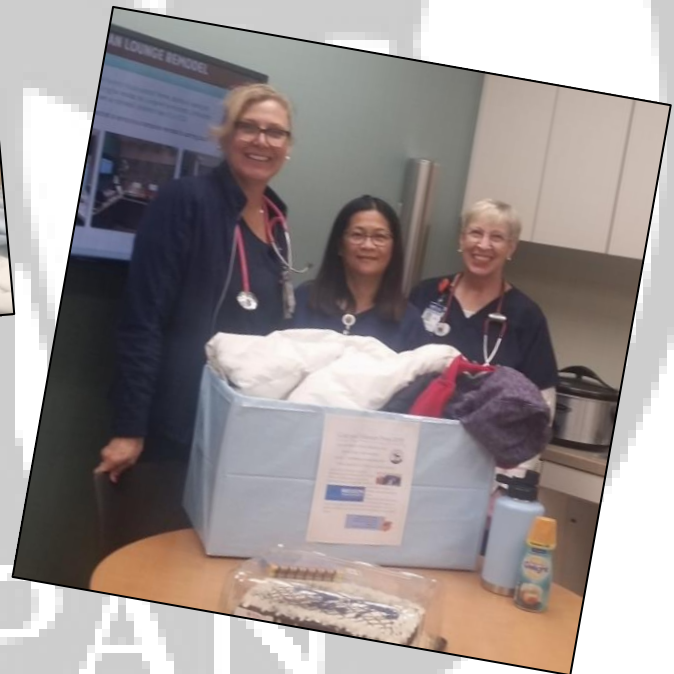
The large amount of donations from Hendrick Medical Center peri-operative staff. Pre-op, OR, PACU, and PACU II folks are very generous! *Lots* of items were donated this year. Way to step it up!! Mission Thanksgiving in Abilene was a great success with reported 11 semi-trucks worth of total donations from the community for Love and Care Ministries!



Sarah Ashley and Teeza Sylvester show off one of the boxes overflowing with items.

Elaine Dement, Tina Medina, and Carolyn Rogers smiling from behind another box of coats.

Thanks to everyone who donated!



*****Share the news from your area! Send your top sTar-bits to be included in ***
What's TAPANing to admin@tapan-westtexas-panhandle.com**

Member Spotlight

Meet Linda Jacques RN, CPAN! Linda works at Hendrick Medical Center, has been nursing for about 33 years. She has been an ASPAN member for nearly 12 years and has been a certified perianesthesia nurse for almost as long. Prior to recovery room nursing, Linda's experience includes med surg, neuro, and orthopedic areas. She has been a PACU nurse for a total of 27 years.

Linda has seen some big changes since she was a baby nurse. She remembers when being on call for PACU was a one person job. These days, at her facility, there are always 2 nurses on call overnight and on weekends. Since she started in PACU, she has noticed a higher volume of outpatient surgeries and a wider variety of patient ages. When she first came to PACU, the patient population was mostly inpatient.

Linda says "[We] are always learning something new" as technology and procedures advance. She has learned to adapt and be more flexible. She has had to keep up with guidelines for care of the wide age range of patients. Taking care of more outpatients, she has become adept at education and documentation for discharge.

One of her favorite things about working in PACU is the variety of patients and surgeries.

Working with her, one can see her years of experience working simultaneously to make decisions to best care for her patients. While she may not agree, hopefully, she will not retire anytime in the near future. Thank you Linda, for all of your hard work and willingness to share your knowledge with others!



*Wishing everyone a happy,
safe holiday season and a
bright New Year!*



Save the date...2020!

24/7/365

Willingness to Serve

TAPAN and wesTpan websites are *always* ready

To take Willingness to Serve forms!

Show how much you care for your patients and your profession
By filling out a form found on the websites under the “forms” tab

January 1st- March 15th

ABPANC Exam Registration Open

Check out the website. Be sure to review the new rules
for testing and recertification. ABPANC has made changes
which took effect in July 2018.

February 15th

Spring 2019 Newsletter submission deadline

Submit events, pictures, congratulations, and even jokes
to admin@tapan-westtexas-panhandle.com

February 3-9

PeriAnesthesia Nurse Awareness Week

How do you celebrate your profession?

Have some fun with it this year and

Post your pictures on the wesTpan region facebook page

March 15th- May 15th

CAPA CPAN exam dates

Good luck to those of you who are testing!

For more information, visit the ABPANC website at: <http://cpancapa.org/>

April 26th-30th

ASPAN's 39th Annual Conference

“Celebrate Stength Elevate Practice”

In Denver, Colorado

Visit <https://www.aspan.org/Events> for updates

Submit a scholarship form on our website

<https://www.tapan-westtexas-panhandle.com>

by the last day of registration for assistance in attending !!!

wesTpan Region Officers

President

Trina Mora MSN, RN,
CAPA, CPAN
Midland, TX

Vice President

Jessica Herrera BSN, RN, CPAN
Midland, TX

Treasurer

Carrie Watson BSN, RN
CAPA, CPAN
Midland, TX

Secretary

Kat Tollett BSN, RN,
CPAN, CST
Abilene, TX

Immediate Past President

Sarah Salcido BSN, RN
Midland, TX

Webmaster

Kat Tollett BSN, RN,
CPAN, CST

Any officers can be contacted at:

admin@tapan-westtexas-panhandle.com



Editor's Note:

What's TAPANing is the official Newsletter of West Texas-Panhandle Region.

Contributions to *What's TAPANing* are encouraged. All articles and comments relevant to Perianesthesia care must be double spaced and typed. The author is responsible for providing appropriate references for accuracy and reliability of information.

Submission Deadlines:

Feb 15th - Spring newsletter
May 15th - Summer newsletter
August 15th - Fall Newsletter
November 15th - Winter newsletter

Photos are property of the editor unless otherwise noted. Send comments, suggestions, and/or submissions (including individual achievements!) to admin@tapan-westtexas-panhandle.com



General Membership Meeting

Westpan Region Members!

**You are invited to a Skype Meeting
Saturday January 18, 2020
At 10:30am CST**

Please join us for a general meeting! You don't even have to worry about what you wear since we turn our cameras off (so as not to slow down the conversation).

Your input is needed! Your hopes, needs, concerns, ideas for the future of the region are important and need to be shared.

Simply email your Skype name to admin@tapan-westtexas-panhandle.com and you will be invited to the conversation at meeting time.

An agenda will be emailed a few days before the meeting as a reminder. There will also be a facebook group reminder posted as well.

Your time is appreciated; the meeting is expected to last about 1 hour.

**West Texas and
Panhandle Region of
TAPAN**

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