



Spring 2020  
Volume 10 Number 1

# What's TAPANing

The Official Newsletter of the West Texas and Panhandle Region

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- Join the [wesTpan Region](#) group on Facebook!  
Pictures, comments, events are posted regularly!



Hello wesTpan members!

The holidays are behind us and it is now time to start planning for spring. I hope you all had a wonderful holiday season with family and friends! With the coldness of winter almost a memory, we can now look forward to flowers and trees starting to bloom!

Please take the time to read the Member Spotlight in this newsletter. We have a lot of great members in our region, so if you, or someone you know, would like to be mentioned in the Spotlight, please send us a picture and a short bio, and we will get them in the next newsletter. If there is more than one entry, we will publish the first one we receive and include the additional one in the following newsletter. Everyone deserves their time in the spotlight for the work they do!

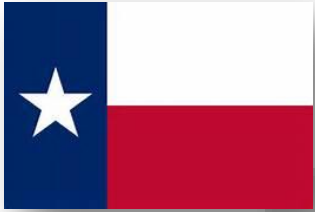
If you have any activities to benefit the community, be sure to take pictures and send them to us. We will include those in the next newsletter as well.

Again, if you are interested in organizing an event with the other PeriAnesthesia nurses in your area to benefit your community or organization, please let us know. If you would like to get something started, but are not sure what to do, we will help you with ideas and answer any questions you may have. Also, if you have an article you would like to write for the newsletter regarding PeriAnesthesia nursing, please feel free to do so.

The ASPAN National Conference is in Denver, Colorado this year! It will be from April 26<sup>th</sup> through April 30<sup>th</sup>. It would be great to see you all there and meet face to face. Please go to the ASPAN website for registration information. We will be conducting a general membership meeting sometime during the week. We will send an email and post on Facebook when the date, time and place are finalized.

Please go to the ASPAN website at <http://www.aspan.org>, the TAPAN website at <https://www.tapan.org>, and the wesTpan website at <http://tapan-westtexas-panhandle.com> for information about our organization. You can also get ideas about ways to get more engaged and involved. Any time you can give will be greatly appreciated!

Thank you for everything you do every day for your family, friends, coworkers and communities! I hope you have a great Spring season, and I'll hopefully see you in Denver.



Sincerely,

*Trina Mora, MSN, RN, CAPA, CPAN*

\$\$ wesTpan Financial Report \$\$

Report as of February 2020

INCOME (including dues, fundraising, donations, etc): \$135.63

EXPENSES (reimbursements, meeting expenses): \$ 118

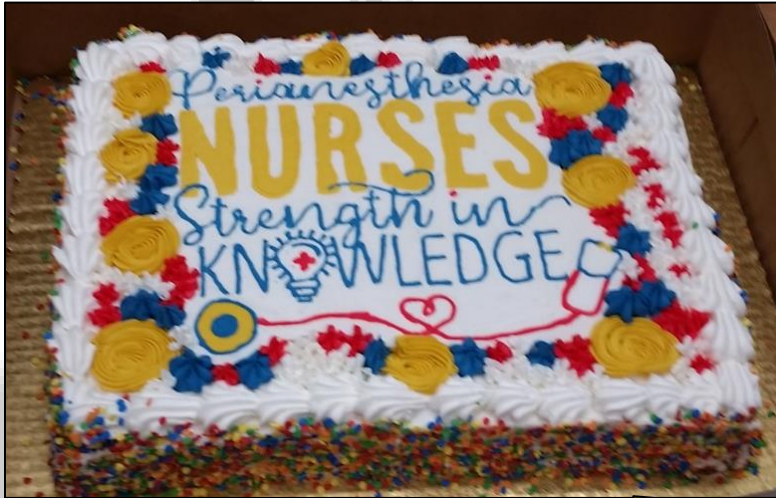
BALANCE: \$2093

*Spring is in Bloom!*



# Pictures from PERIANESTHESIA NURSE AWARENESS WEEK (PANAW)

February 3-9, 2020



The cake for Peri-op nurses in Abilene was decorated by Miranda Garcia

Smiling for the camera from PACU II are Danny Garza , Stephanie Olson, and Kristen Souders.



Some more happy faces of PACU II: Elizabeth Rodriguez, Brianna Powers, Allegra Garcia, Vanessa Ortega, Sandra Paul, and Josh Henson.





A few of the nurses in Pre-op gathering for the PANAW photo are Patricia Cunningham, Kimberly Malone, Zannette Hobbs, Deanne Smith, Deb Brown, Tammy Strayker, and Diana Campbell.

PACU nurses breaking away from their work for a moment for this picture are Linda Jacques, Indira Patel, Jana Widener, Kat Tollett, Tina Media (front), Elaine Dement (in back), Harold Pablo, and Gail Allen.

Abilene photos courtesy KTollett



They know how to have fun in Midland also! This is Maria Torres, Trina Mora, Lanora Linzy, and Laura Newbrough.

photo taken by NKingston







Sharing some food during PANAW are Natalie Kingston, Maria Torres, Lanora Linzy, Manuel Gonzales, and Laura Newbrough. Lanora is ready to take a bite! Photo taken by Trina Mora.



PANAW group photo! Everyone smile! Left to right, back row: Karin LeBlanc, Kellie Chambers, Maria Torres, Phyllis Hawkins, Kim Woodard, Estela Jimenez, Paul Ziemkowski, Trina Mora, and Jessica Herrera. Front row, left to right: Dr. Brad Brock, Kaley Owens, and Natalie Kingston. Photo taken by Jessica Herrera.

# ASPAN Member-Get-A-Member Campaign

It's not too late to participate in the ASPAN Member-Get-A-Member Campaign, which runs from January 1, 2020, to December 31, 2020. Invite your colleagues to join ASPAN today! To thank you for your recruitment efforts, there are a variety of rewards:

- Tier One – (Recruit 4 – 9 members) Choose from a \$25 Amazon Gift card, ASPAN Member Pin, or ASPAN Team T-Shirt
- Tier Two – (Recruit 10 or more members) Choose your award from \$50 Amazon Gift card, ASPAN Zip Pullover, or ASPAN 2019-2020 Standards
- Tier Three – Recruiter of the Year (Recruits the most members for the calendar year) Complimentary basic registration to the next ASPAN National Conference, complimentary 1-year ASPAN membership, and a commemorative plaque to be presented at National Conference.

You can obtain promotional materials and membership applications by contacting Doug Hanisch at the ASPAN National Office toll free at 877-737-9696, extension 215 or email [dhanisch@aspan.org](mailto:dhanisch@aspan.org). Request as many copies as you like and make sure to put your name as the recruiting member on each application you distribute.

(article from [Breathline](#) vol.39 issue 36 November/December 2019 p.3)

## Editor's Note:

*What's TAPANing* is the official Newsletter of West Texas-Panhandle Region.

Contributions to *What's TAPANing* are encouraged. All articles and comments relevant to Perianesthesia care must be double spaced and typed. The author is responsible for providing appropriate references for accuracy and reliability of information.

### Submission Deadlines:

Feb 15<sup>th</sup> - Spring newsletter  
May 15<sup>th</sup> - Summer newsletter  
August 15<sup>th</sup> - Fall Newsletter  
November 15<sup>th</sup> - Winter newsletter

Photos are property of the editor unless otherwise noted. Send comments, suggestions, and/or submissions (including individual achievements!) to [admin@tapan-westtexas-panhandle.com](mailto:admin@tapan-westtexas-panhandle.com)

# Member Spotlight

Have you ever thought about your fellow TAPAN members? The other nurses you work with and the years of PACU experience everyone has? Let me tell you, I am honored and amazed by these four TAPAN members: Laura Newbrough, Natalie Kingston, Linda McDonald and Kim Woodard. These amazing ladies have worked as nurses for a combined 169 years! WOW is all that comes to my mind. They have several years of experience in several different areas of nursing but mainly PACU. I feel honored to work with and learn from these ladies.

Top left is Laura Newbrough. She became an LVN in 1981 and acquired her RN in 1982. She worked in several areas of nursing including Medical, Ortho, Neuro, Oncology, Ob Gyn, PCU and Pedi before coming to PACU 33 years ago.

Top right is Natalie Kingston. Natalie became an RN in 1981 and worked in a small hospital as a jack of all trades nurse before joining the PACU area in 1991. That is 29 years of PACU experience!

Bottom left is Linda McDonald. She became an LVN in 1970 and acquired her RN in 1986. She worked in Med Surg before joining the PACU team in 1980, 40 years ago.

Bottom right is Kim Woodard. Kim became an RN in 1979 and worked mainly in ICU and Pedi before joining PACU 33 years ago. Thank you ladies for all your hard work and knowledge you provide us all.



## *Save the date...2020!*

**24/7/365**

### Willingness to Serve

TAPAN and wesTpan websites are *always* ready  
to take Willingness to Serve forms!

Show how much you care for your patients and your profession  
By filling out a form found on the websites under the “forms” tab

**May 15<sup>th</sup>**

### Summer 2019 Newsletter submission deadline

Submit events, pictures, congratulations, and even jokes  
to [admin@tapan-westtexas-panhandle.com](mailto:admin@tapan-westtexas-panhandle.com)

**March 15<sup>th</sup>- May 15<sup>th</sup>**

### CAPA CPAN exam dates

Good luck to those of you who are testing!

For more information, visit the ABPANC website at: <http://cpancapa.org/>

**April 26<sup>th</sup>-30<sup>th</sup>**

### ASPAN's 39<sup>th</sup> Annual Conference

“Celebrate Stength Elevate Practice”

In Denver, Colorado

Visit <https://www.aspan.org/Events> for updates

**Submit a scholarship form on our website**

<https://www.tapan-westtexas-panhandle.com>

**by the last day of registration for assistance in attending !!!**





## wesTpan Region Officers

### President

Trina Mora MSN, RN,  
CAPA, CPAN  
Midland, TX

### Vice President

Jessica Herrera BSN, RN, CPAN  
Midland, TX

### Treasurer

Carrie Watson BSN, RN  
CAPA, CPAN  
Midland, TX

### Secretary

Kat Tollett BSN, RN  
CPAN, CST  
Abilene, TX

### Immediate Past President

Sarah Salcido  
Midland, TX

### Webmaster

Kat Tollett BSN, RN  
CPAN, CST  
Abilene, TX

Any officer can be contacted at:  
[admin@tapan-westtexas-panhandle.com](mailto:admin@tapan-westtexas-panhandle.com)



**Enjoy your  
West Texas  
Spring!**



# General Membership Meeting

## WestTpan Region Members!

Time again to have a Skype Meeting  
Wednesday April 29<sup>th</sup>  
At 6 pm Mountain Time (PST) (7 pm CST)

ASPAN National Conference attendees:  
No need to sign on,  
you can simply meet  
together at the main  
hotel lobby

Please join us  
Your input  
concerns  
region

**Cancelled**

West T  
Panhandle  
TAPAN

Street Address  
P.O. Box 1982  
Midland, TX 79702  
admin@tapan-westtexas-  
panhandle.com

Your time is appreciated; the meeting is  
expected to last about 1 hour.